# Marked Up Copy Proposed Revisions for

# MINIMUM LICENSING REQUIREMENTS

## **FOR**

# CHILD CARE CENTERS

JULY 2004 Draft

(501) 682-8590

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# MINIMUM LICENSING REQUIREMENTS FOR CHILD CARE CENTERS

## 100 CHILD CARE LICENSING

The "Child Care Facility Licensing Act" Ark. Code Ann. §20-78-201-220, as amended, is the statutory authority for licensing child care facilities. This Act created the Division of Child Care and Early Childhood Education and authorized the Division to establish rules and regulations governing the granting, revocation, denial and suspension of licenses for child care facilities and the operation of child care facilities in this state. The Minimum Licensing Requirements for Child Care Centers are the Division's rules and regulations for Child Care Centers.

The Child Care Facility Licensing Act designates the Arkansas Department of Human Services, Division of Child Care and Early Childhood Education as the administrative agency responsible for administering the Act in accordance with the Minimum Licensing Requirements for Child Care Centers. The Division is authorized to inspect and investigate any proposed or operating Child Care Centers and any personnel connected with the Center to determine if the facility will be or is being operated in accordance with the Child Care Facility Licensing Act and the Minimum Licensing Requirements for Child Care Centers.

The licensing requirements contained in this manual apply to group child care. (Refer to the Minimum Licensing Requirements for Day Care Family Homes for the requirements that apply to child care provided in a day care family home.)

The owner should be aware of applicable federal laws which may affect the operation of the facility. Child care programs are among the public accommodations that must comply with the Americans with Disabilities Act. (ADA)

Under federal civil rights laws, a facility may not discriminate on the basis of race, color, sex, religion, national origin, physical or mental handicap, or veteran status.

The Child Care Licensing Unit will notify the applicable federal agency at any time they become aware of or are advised of violations of the federal Civil Rights Act or the Americans with Disabilities Act.

#### Laws relevant to the operation of child care facilities are available upon request.

The following standards are the minimum licensing requirements which shall be met by persons or organizations which operate a child care facility. In recommending a license be issued, the Division of Child Care and Early Childhood Education works in coordination with the local and state Health departments, Fire Departments and City Planning or Zoning Departments. Persons considering opening or expanding a child care facility shall immediately contact these individual departments for inspection and information on there separate regulations. Clarification or questions shall be directed to the appropriate departments.

## 101 General Requirements

1. Child Care Centers shall maintain compliance with the licensing requirements at all times. To be in substantial compliance, the Child Care Center shall meet all essential standards

necessary to protect the health, safety and welfare of the children attending the Child Care Center. Essential standards include but are not limited to those relating to issues involving fire, health, safety, nutrition, discipline, staff/child ratio and space. Failure to comply with any of the licensing requirements for Child Care Centers may result in any of the following adverse actions:

- Denial of an application for a license or for church exempt status a.
- Revocation or suspension of a license or church exempt status b.
- Issuance of a provisional license or church exempt status c.
- Imposition of penalties d.

The following factors may be considered when determining the appropriate adverse action:

- Severity of the deficiency cited a.
- Number of violations cited b.
- Frequency of violations cited c.
- Past history of compliance d.
- Willingness/ability to correct violations e.
- Each Child Care Center shall be reviewed by the Child Care Licensing unit to determine whether the facility is in compliance with all the Minimum Licensing Requirements for Child Care Centers. Child Care Licensing staff shall have access to Child Care Centers for the purpose of conducting inspections, reviews, and complaint investigations. Denial of access to the facility or to interview children may result in any of the adverse action described above. A caregiver shall not use profanity or speak in an abusive manner when children are present. The caregiver shall also cooperate with licensing staff during licensing visits.
- 3. Any facility that has not provided care to children for a period of one year shall be closed unless a written request is made by the licensee stating why closure should not take place.
- 4. Falsification of any document or the submission of false information to the Child Care Licensing Unit or any other unit of the Division may constitute grounds for revocation of the license. (Falsification means the submission of untrue information, whether by statement or omission.)

#### **102 Licensing Procedures**

- 1. Application -- An application shall be obtained from the Child Care Licensing Unit. The completed application shall be submitted to the Child Care Licensing Unit for review and approval. A completed application shall consist of:
  - A signed application form with a designated person who assumes legal a. responsibility for operation of the child care facility
  - b.
  - Name of proposed director and their qualifications A description of the services that will be provided to the children
  - d Verification that criminal record checks and child maltreatment central registry checks have been initiated on all owners, operators and employees of the Child Care Center
  - Health department, fire department, and zoning approval e. f.
  - Floor plan
  - Clear written guidelines of responsibility for the board and administrator, if the g. facility has a governing board

2. <u>Time for processing:</u> The Licensing Specialist has sixty days to submit a recommendation to the Division.

#### 3. Licensing fees

- Each facility shall submit an annual license fee as long as the facility is in 1. compliance with the Minimum Licensing Requirements for Child Care Facilities. A facility license is determined by combining the maximum license capacity of all licenses located within the same premises.
  - Facilities serving up to 17 children \$15 per year a.
  - b. Facilities serving 17 to 99 children - \$50 per year
  - c. Facilities serving 100 or more children -- \$100 per vear
- Upon review and determination of a licensing recommendation by the Child Care 2. Licensing Specialist, the Specialist shall issue a Notice of License Fee Due to the facility.
- 3. The Division shall not issue a license unless the required license fee has been naid.
- 4. A copy of the license fee notice shall be submitted at the time of licensure recommendation.
- The fee schedule shall apply to all child care facility recommendations for 5. licensure as follows:
  - New Provisional License (Provisional License for new operation to be a. issued for a period of twelve months.) A one-year license fee shall be paid prior to the issuance of a provisional license.
  - New Regular License or Conversion from provisional to regular status A b. license fee shall be paid prior to the issuance of a new license. Conversion to Provisional Status - No license fee is due for licenses
  - c. converted to provisional status during the term of a regular license.
- 6. A second notice of license fee due will be sent to facilities failing to submit the required license fee (Notice of License Fee Past Due). This notice will be sent 20 days after the initial notice of fee due. Failure to submit a license fee within 20 days of the receipt of the past due notice will result in action to suspend the license until such time as the fee is paid.
- Refunds of license fees paid are made only when the Division does not approve issuance of a license. There shall be no refunds of license fees paid for voluntary 7. closure of a facility or for Division action to revoke or suspend a license.
- 8. All license fees paid to the Division shall be deposited in a special Child Care Provider's Fund. This Fund shall be used to meet the cost of conducting statewide criminal record checks, with the remaining money used for training or materials
- be loaned to child care providers. Funds to cover the cost of statewide to criminal checks shall not exceed the total fees collected and deposited in the fund.

- 4. <u>A pre-application consultation meeting shall be required for all applicants for a license</u> prior to the approval of the application. This meeting shall be offered to the applicant within 30 days of the receipt of the application.
- 5. <u>License</u> -- The Child Care Licensing Unit shall conduct a licensing study of each Child Care Center to determine eligibility for a license. The facility shall be approved by the Child Care Licensing Unit before a license may be issued by the Division. A license for a Child Care Center shall specify:
  - a. The name and address of the facility
  - b. The owner/operator of the Child Care Center
  - c. The number of children authorized for care at the Child Care Center
  - d. The expiration date of any provisional licenses
  - e. The type of care the Child Care Center will be providing
- 6. <u>License -- Non-transferable</u> -- A license for a Child Care Facility or approval for church-operated exempt status shall apply only to the address and location stated on the license or approval issued. It shall not be transferable from one holder of the license or approval to another, or from one place to another. If the location of a Child Care Facility is changed, or the operator of the Child Care Facility is changed, then the license or approval for that Child Care Facility shall be automatically closed on such a change. The Child Care Facility shall notify the Licensing Unit of a change of location or ownership.
- 7. Compliance -- On-site inspections of Child Care Centers are conducted by the Child Care Licensing Unit on a routine basis to determine a facility's continued compliance with standards. The Child Care Licensing Unit shall have the authority to make both scheduled and unscheduled visits throughout the license to determine continued compliance with the requirements and to offer consultation and technical assistance.

Violations of rules are documented in writing by use of the licensing compliance record. Documentation shall include:

- a. Reference to the specific rule violated
- b. A factual description of the nature of the violation and how the Child Care Center failed to comply
- c. A date of expected corrections

The Child Care Licensing Specialist may increase unscheduled monitor visits where numerous or severe violations of standards are cited.

If a violation is of imminent threat to the health, safety and welfare of the children attending the Child Care Center, corrective action or compliance shall be obtained within 24 hours in order to insure the health, safety and welfare of the children in care. If a Child Care Center violates an administrative standard or a standard that does not directly threaten the immediate health, safety or welfare of the children in care, these violations shall be corrected within a reasonable time as mutually agreed upon by the Child Care Licensing Unit and the Child Care Center.

Once a violation has been corrected, the correction will be documented on the Licensing Compliance Record and a copy provided to the Child Care Center.

8. <u>License - Provisional</u> --The Child Care Licensing Specialist shall recommend a provisional license when the facility is newly opened, a facility has been acquired by new owners whose compliance history has not been determined, or the facility is not operating in substantial compliance, but the deficiencies are not so numerous, frequent or severe as

to jeopardize the health, safety, and welfare of children. A provisional license shall not exceed twelve (12) months in length.

At the end of the provisional license, the Division may in its discretion:

- a. Issue a regular license
- b. Revoke the license
- c. Suspend the license
- d. Issue a successive provisional license in conjunction with the imposition of a civil penalty
- 9. <u>License Suspension</u>—The Division may suspend a license when the CCLS determines that the facility has serious areas of non-compliance, but the facility would be able to resume normal operation when the harmful conditions are eliminated.

If granted, the suspension order remains in effect until the order expires or until the Division determines that the problems necessitating the suspension order have been resolved. The suspension of a license may not exceed (12) months. If the Division finds that the terms of the suspension order have been met prior to the expiration of the suspension period, the Division retains the discretion to reinstate the license. If the terms of the order have not been met, the Division may revoke the license.

- 10. <u>License Revocation</u>- The Division may revoke a license when any of the following situations occur:
  - a. The facility fails to maintain substantial compliance with licensing requirements
  - b. The facility fails or refuses to correct cited deficiencies in a timely manner
  - c. The facility fails to insure the health, safety and welfare of children in care

The revocation of a license nullifies and cancels the license. At the time of a final determination of revocation of the license by the Division, the Division shall specify in the revocation order the terms of the revocation. The licensee shall not be eligible to reapply for a license for a minimum of one (1) year or longer, if specified in the revocation order. Related parties shall not be eligible to apply for a license for the same specified period. Related parties are defined as immediate family members, members of Board of Directors, persons or entities associated or affiliated with, or which share common ownership, control, or common board members or which have control of or is controlled by the licensee. An immediate family member is defined as a spouse, step and in-law relationships, a child, a natural or adoptive parent, a sibling, a grandparent, a grandchild or a son or daughter-in-law. (Applicants who are denied a license or registration due to this requirement may appeal the denial to the Child Care Facility Review Panel.) Facilities wishing to be re-licensed must submit a new application for licensure for review and approval by the Division. Approval must be obtained and a new license issued before the facility provides care to a licensable number of children.

## 103 APPEAL OF LICENSING ACTIONS

A licensee or applicant for license may request an appeal of any of the following licensing actions;

- Adverse licensing actions (revocation or suspension of a license, conversion to a provisional license or denial of an application for a license)
- Founded licensing complaints
- Denials of alternative compliance requests
- Cited noncompliance with the published standards

An appeal may be initiated on any of the above actions by requesting an appeal in writing to the Licensing Specialist or Licensing Supervisory Staff. Requests to appeal adverse licensing actions must be mailed within ten (10) calendar days of the receipt of the notice of the adverse action. Requests to appeal licensing actions, other than adverse, must be mailed within twenty (20) calendar days from receipt of the notification of the action. The request to appeal shall include a statement of the action(s) taken by the Division and the reason(s) the licensee or applicant for license disagrees with that action. The request to appeal will be reviewed by the Licensing Supervisor and the Licensing Administrator. If the appeal is not resolved to the satisfaction of the licensee or applicant for license, the matter will be referred to the Child Care Appeal Review Panel for hearing. (This appeal process also applies to Church Operated exempt facilities.) (Additional information regarding the appeal procedures and the Child Care Appeal Review Panel is available on request.)

#### 104 ALTERNATIVE COMPLIANCE

- 1. The Division may grant alternative compliance with the Minimum Licensing
  Requirements for Child Care Centers if the Division determines that the alternative form of compliance offers equal protection of health, safety and welfare to children and meets the basic intent of the requirements for which the alternative compliance was sought.
- 2. The Division shall consider all requests for alternative compliance with the Licensing requirements except those requirements that are enforced by the Department of Health, Local Fire Marshal or State Fire Marshal's office and applicable city ordinances including zoning.
- 3. To request alternative compliance, the following procedure shall be initiated by the person responsible for the operation of the facility:
  - 1. The applicant/licensee shall submit the request for alternative compliance in writing.
  - 2. The request shall include:
    - a. The specific standards for which alternative compliance is sought
    - b. An explanation of how the alternative form of compliance is equal to or exceeds the stated requirements
    - c. Full justification and description of what the alternative compliance method will be and the method by which the facility will carry out this plan to continue to provide for the health, safety and welfare of children as intended by the requirements
    - d. The applicant/licensee shall provide clear and supportive evidence and, upon request of the Division, an expert's opinion on the effect of the request on health, safety and welfare of the children.
- 4. A separate written request shall be submitted for each requirement of which alternative compliance is sought. The approved alternative compliance is effective for the duration of the license unless a shorter time frame is specified.
- 5. The granting of alternative compliance for a requirement shall in no way constitute a precedent. If an alternate means of complying with the requirement is granted by the Division and the facility fails to satisfactorily implement this alternate means, the original requirement for which alternative compliance was sought shall become immediately enforceable.

- 6. The Division shall have the right to obtain an expert opinion to corroborate expert opinions provided by the applicant/licensee.
- 7. The Division shall have the right to deny requests for alternative compliance when it finds that such requests do not adequately protect the health, safety and welfare of children and do not meet the intent of the requirements.
- 8. All requests for alternative compliance shall be answered in writing by the Division.

## 105 CHURCH-OPERATED EXEMPTION

- 1. Act 245 of 1983 defines those facilities that may apply for an exemption from the obtaining of a license to operate a child care facility and the process through which such exemption may be granted. The facility must be operated by a church or group of churches and be exempt from the State Income Tax levied by Act 118 of 1929, as amended. The person or persons in charge of such a facility shall submit a written request to the Division for such exemption along with the following:
  - a. Verification of exemption from State Income Tax
  - b. Verification that the facility is operated by a church or group of churches
  - c. Verification that the facility has been inspected annually and meets the applicable fire safety and health standards
  - d. Certification from the facility that it is in substantial compliance with published standards that similar nonexempt child care facilities are required to meet
- 2. The Division shall review each request for a church-operated exemption and reply in writing within 60 days from receipt of such request.
- 3. The facility shall be visited by Division staff to verify the facility's substantial compliance with the published standards prior to the consideration and review by the Division.
- 4. The Division shall consider each request for exemption and shall review the Division staff's written report in determining a facility's substantial compliance with published standards.
- 5. If a facility claims and states the belief that a particular standard is of a religious or curriculum nature the Division shall consider and make a determination on the statements that shall then be a final action subject to review under the Administrative Procedures Act.
- 6. Written notification of an exemption shall be made to the facility stating the maximum number of children allowable, the dates of exemption and any other conditions by which an exemption is granted.
- 7. Division staff shall have the authority to visit any church-operated exempt facility to review, advise and verify the maintenance of substantial compliance at the direction of the Division.

## 106 Licensing Investigations

Child Care Licensing staff shall investigate all complaints involving the possible violation of licensing requirements.

## 107 Child Maltreatment Record Checks

- 1. The following persons shall be required to have their background reviewed through an Arkansas Child Maltreatment Central Registry Check. A check or money order for \$10.00 made out to Central Registry must be attached to each form.
  - a. Each applicant to own or operate a child care facility

at application and every two years thereafter

b. Employees and applicants for employment in a child care facility

at application or within 10 days of hire and every two years thereafter

c. All volunteers who have supervisory and/or disciplinary control over children or who have routine contact with children

at application and every two years thereafter

d. Members of Boards of Directors who have supervisory and/or disciplinary control over children or who have routine contact with children

at application and every two years thereafter

- 2. If a complaint of child maltreatment is filed against any owner/operator, employee or other person in a child care center, the Child Care Licensing Specialist shall evaluate the risk to children and determine the suitability of the person(s) to supervise, be left alone with children, have disciplinary control over children or remain in the center during hours of care until the allegations have been determined true or unsubstantiated. (Pending the evaluation of risk to children by the Child Care Licensing Unit, the person(s) alleged shall not be left alone with children.)
- 3. If corrective action is appropriate, the facility shall require all employees who have had a founded report of child maltreatment to follow the corrective action plan specified by the Child Care Licensing Unit. Corrective action measures may vary from relevant training to reassignment or termination. Failure to comply with corrective action plans may constitute grounds for adverse action against the license.
- 4. The statewide Child Maltreatment "Hot Line" and the Child Care Licensing Central Office number shall be posted in a conspicuous place in the child care facility. The "Hot Line" number is 1-800-482-5964 and the Licensing Central Office number is (501) 682-8590 or toll free 1-800-445-3316.

## 108 Criminal Records Checks

- 1. The following persons shall apply to the Identification Bureau of the Arkansas State Police for a nationwide criminal record check, to be conducted by the FBI, which shall include a fingerprint check: (The individual is responsible for the cost of a nationwide check. Each request must be accompanied by a check or money order made out to the Arkansas State Police for \$24.00)
  - a. Each applicant to own or operate a child care facility

initial application only

b. Each employee who has not been a resident of the State of Arkansas for the six preceding years

within 10 days of hire

c. Volunteers who have supervisory or

if the person has not been a resident

disciplinary control over children or are left alone with children

of Arkansas for 6 years

- 2. The following persons shall be required to have their background reviewed through Criminal Records check conducted by the Arkansas State Police.
  - Each applicant to own or operate a child care facility

at application and every 5 years thereafter

Employees and applicants for employment in a child care facility

within 10 days of hire and every 5 years thereafter

c. Volunteers who have supervisory and/or disciplinary control over children

within 10 days of hire and every 5 years thereafter.

- No person shall be eligible to be a child care facility owner, operator, or employee if that 3. person has pled guilty, or been found guilty, of any of the following offenses:
  - 1. Capital murder
  - 2. lst/2nd degree murder
  - 3. Manslaughter
  - 4. lst/2nd degree battery
  - 5. Aggravated assault
  - 6. 1st degree terroristic threatening

  - 7. Kidnapping8. 1st degree false imprisonment
  - 9. Permanent detention or restraint
  - 10. 1st/2nd degree rape or carnal abuse
  - 11. 1st/2nd degree sexual abuse
  - 12. 1st/2nd degree violation of a minor
  - 13. Incest
  - 14. 1st degree endangering of a minor

  - 15. Permitting child abuse16. Engaging children in sexually explicit conduct for use in a visual or print medium, transportation of minors for prohibited sexual conduct, use of a child or consent to use a child in sexual performance, by producing, directing or promoting sexual performance by a child
  - 17. Criminal attempt, criminal solicitation or criminal conspiracy to commit any of the above named offenses
  - 18. Distribution to minors (of any controlled substance)
  - 19. Manufacture, delivery, or possession with intent to deliver, or manufacture any controlled substance
  - 20. Carnal abuse in the third degree
  - 21. Sexual solicitation of a child
  - 22. Pandering or possessing visual or print medium depicting sexually explicit conduct involving a child
  - 23. Negligent homicide
  - 24. Assault in the first degree
  - 25. Coercion

  - 26. Sexual misconduct
    27. Public sexual indecency
    28. Indecent exposure
    29. Endangering the welfare of a minor in the second degree
  - 30. Any felony or any misdemeanor involving violence or sexual misconduct

4. Any person who has pled guilty, nolo contendere, or who has been found guilty of any one of the offenses listed above may apply to the Division to demonstrate rehabilitation, if more than five (5) years have passed since that person was convicted and they have completed their sentence. (confinement, parole and/or probation.). The Division is authorized to determine whether rehabilitation is sufficient for the person to be a child care owner, operator, or employee.

## 200 ORGANIZATION AND ADMINISTRATION

- 1. The Owner and/or Board of Directors shall be responsible for operating the facility and shall have final responsibility to ensure that the facility meets licensing requirements. Names, addresses, and telephone numbers of Board members shall be provided to the Licensing Specialist.
  - 2. The facility shall provide a written procedure for reporting allegations of child maltreatment and suspected licensing violations. This procedure shall be followed and a call made to the Hot Line whenever there is a suspicion of child maltreatment (1-800-4820-5964).
  - 3. Parents shall be informed in writing upon enrollment of their child that children may be subject to interviews by licensing staff, child maltreatment investigators and/or law enforcement officials for the purpose of determining licensing compliance or for investigative purposes. (Child interviews do not require parental notice or consent.)
  - 4. The facility shall provide a copy of the list of Kindergarten Readiness Skills, prepared by the Arkansas Department of Education, to the parents of each child <u>all three and four year old children</u> enrolled. (Act 825 of 2003) A statement, signed by the parent, that they have received a copy of the list shall be maintained in the child's record.

## **300 PERSONNEL**

## 301 Staff/Child Ratio

- 1. A licensee shall not have more children in care at any one time than the maximum specified on the license.
- 2. The following staff child ratios shall be maintained:
  - a. Ages 2 1/2 through 3 years 1 caregiver per 12 children
  - b. 4 years 1 caregiver per 15 children
  - c. 5 years to kindergarten 1 caregiver per 18 children
  - d. Kindergarten and above 1 caregiver per 20 children
- 3. When a total of eight (8) or fewer children are in care at a licensed site, age groups may be mixed according to the following ratios:

# STAFF	# CHILDREN	AGES
a. 1	6	No more than 3 under age of 2 years
b. 1	7	No more than 2 under age of 2 years
c. 1	8	No more than 1 under age of 2 years

4. In a group containing children of different ages, the staff/child ratio shall meet the requirements for the youngest child in the group.

- During lunch or outdoor play activities, if children of different age groups are together, the 5. staff child ratio for the respective age groups shall be maintained.
- At no time shall children be left unsupervised or unattended. The child care center shall 6. provide additional staff for any temporary absence of primary child caring staff for activities such as breaks, meal preparation, transportation, etc.
- DDS (Developmental Disabilities Services) staff/child ratios shall be maintained in all 7. facilities that are licensed by both Child Care Licensing and DDS.
- Additional staff provisions shall be made for enrollment of children with disabilities who 8. require individual attention.
- During naptime for children age 2 1/2 and above, a minimum of 50% of the staff shall remain with the children, with a total of 75% of the staff remaining in the building. 9.
- Group size shall be limited to 2 times the number of children allowed with one staff 10. member. This does not apply to periodic or special group activities or to school age children, K5 and above. Existing structures licensed prior to November 1, 2002 are exempt from this requirement. However, any expansions, additions or any newly licensed structures effective November 1, 2002 shall be in compliance.
- For ages 2 ½ and above, ratios may be exceeded momentarily as long as children are never left unattended and at least one staff member remains in the classroom with the 11. children. (This would apply to situations such as brief absences for bathroom breaks or to take a sick child to the Director's office.)

## 301.10 Infants/Toddlers

- 1. The following staff/child ratios shall be maintained at all times: (This includes naptime.)
  - Birth to 18 months a. 1 caregiver per 6 children Birth to 18 months - 1 caregiver per 6 children 18 months to 36 months - 1 caregiver per 9 children
  - b.
- Infant and toddlers shall not be mixed with day care children except as provided in Section 2. 301.3. However, children ages 30 to 36 months may be placed in the group most suited to their social, emotional and developmental maturity.

#### 302 Director

- There shall be a director who shall be responsible for administering, planning, managing, 1. and controlling the center's daily activities and for ensuring that the licensing requirements are met.
- Directors shall be age 21 or older, have a high school diploma or GED and have four (4) 2. program years experience in child care or elementary education programs.
- The following educational levels may be substituted for experience: 3.
  - A Bachelors or higher Degree in Early Childhood, Child Development or a related field. Persons with a Bachelors Degree in a non-related field shall obtain a Child Development Associate (CDA) within their first year of employment. Directors previously qualified are exempt. (Determination of "related field" will be made by a. the Child Care Licensing Unit.)

- AA Degree with an emphasis in Early Childhood or Child Development b.
- A one-year technical certificate in Child Development c.
- Child Development Associate (CDA)-a child care credential from an approved d. program.
- When the director is away from the center, there shall be a person in charge who shall have 4. the authority to carry out daily operations. The person in charge shall be age twenty-one (21) or older.
- All new directors shall attend New Director's Orientation within six months of employment. 5. (This is an orientation class conducted by the Division)
- 6. The director shall obtain 10 clock hours in early childhood education each year as approved by the Division. Documentation of training shall be maintained and available for review.
- Topics appropriate for continuing early childhood education shall include, but are not limited 7. to the following:
  - Child growth and development a.
  - Nutrition and food service b.
  - Parent communication and involvement c.
  - d. Curriculum and curriculum development
  - Developmentally appropriate practice and learning environments e. f.
  - Behavior management
  - Emergency care and first aid
  - g. h. Administration and management of early childhood programs
- The licensee shall notify the Licensing Unit of any change in the person named as director 8. within five  $\overline{(5)}$  calendar days.

#### 303 **Employee Requirements**

- All employees in a child care center shall be age 18 years or older unless approved by the 1. Child Care Licensing Unit. Prospective employees younger than 18 years shall be approved on an individual basis by the Licensing Unit and shall be under the direct supervision of the director or person in charge.
- All employees hired after January 1, 1990, to work directly with children shall have a high school diploma or GED or shall be enrolled in a GED curriculum and complete the 2. curriculum within one year of hire.
- All employees who work directly with children shall obtain at least 10 hours of in-service 3. training or outside workshop training each year in continuing early Childhood education. This training shall be approved by the Division.
- At least one adult member of the staff who is certified in infant/child cardiopulmonary 4. resuscitation (CPR) shall be present within the physical confines of the child care center while children are in care. Adult CPR is also required when school age children are in care. Certification shall be current.
- Prior to providing direct child care, staff shall receive an orientation in basic health & safety, 5. facility behavior management policies, center schedules, and shall be advised that they are mandated reporters under the Child Maltreatment Reporting Act.

- 6. All employees working in a child care center, in any capacity, shall obtain a health card or physician's statement showing the absence of contagious Tuberculosis. This shall be renewed on a yearly basis.
- 7. All employees caring for children shall be able to perform necessary job functions.
- 8. Staff shall not engage in behavior that could be viewed as sexual, dangerous, exploitative or physically harmful to children.
- 9. No caregiver shall consume or be under the influence of illegal drugs. (A drug test may be required if there is reasonable cause to suspect violation of this requirement and the issue cannot otherwise be resolved.) No caregiver shall consume or be under the influence of alcohol while delivering care. No caregiver shall consume or be under the influence of medications (prescription or non-prescription) which impair their ability to provide care.

## 304 Volunteers

- 1. All volunteers in a child care center shall be 18 years or older unless the volunteer is under the direct supervision of the director or person in charge and has been approved on an individual basis by the Child Care Licensing Unit.
- 2. Volunteers who are considered in the staff/child ratios or given disciplinary control over children shall meet the requirements for personnel (Section 300) and employee requirements (Section 303).
- 3. Volunteers who are not considered in the staff child ratio and who are not given disciplinary control over children, but who have routine contact with children, shall have on file a physician's statement or health card and a child-maltreatment Central Registry check. An exception shall be given to parents who volunteer to assist in field trips. (Child maltreatment Central Registry checks for volunteers under age 18 must include a parent's signature.)
- 4. Individuals who provide health services or program enrichment activities on a limited basis are not considered volunteers. The facility shall retain a register of such persons listing name, organization, address, telephone number, date and time in the center.

## 400 PROGRAM

- 1. There shall be a written daily routine listing developmentally appropriate activities for children. The program shall offer alternating periods of active play and quiet times throughout the day.
- 2. Facility staff shall avoid activities or experiences which may be damaging to children's self esteem and positive self-image.
- 3. There shall be an opportunity for a supervised rest period of at least one hour but not more than two hours.
- 4. Parents shall not be denied access to their child at anytime during hours of operation.
- 5. There shall be a total of at least one hour of outdoor play per day in suitable weather.

## 400.10 Infants/Toddlers

- 1. Sleeping children shall be visually monitored at all times and physically checked regularly for breathing.
- 2. Each infant/toddler shall be given opportunity during the day to explore the area outside the crib or baby bed.
- 3. Infants/toddlers shall be placed in age appropriate cribs, cots, or mats when they fall asleep.
- 4. Infants and toddlers shall be taken outside for a period of time every day, unless prevented by weather or special medical conditions.
- 5. Infants/toddlers, when awake, may remain in the crib/playpen as long as he or she is content, but never for periods longer than one (1) hour.
- 6. Infants shall be held, and played with by the caregiver at times other than diapering and feeding.

## **500 BEHAVIOR GUIDANCE**

- Behavior guidance shall be individualized and consistent for each child; it shall be appropriate to the child's level of understanding and be directed toward teaching the child acceptable behavior and self-control.
- 2. Physical punishment shall not be administered to children.
- 3. The length of time a child is placed in time out shall not exceed one minute per year of the child's age.
- 4. Acceptable behavior guidance techniques include:
  - a. Look for appropriate behavior and reinforce the children with praise and encouragement when they are behaving well.
  - b. Remind the children on a daily basis of the rules by using clear positive statements regarding how they are expected to behave rather than what they are not supposed to do
  - c. Attempt to ignore minor inappropriate behavior and concentrate on what the child is doing properly.
  - d. Use brief supervised separation from the group only when the child does not respond to a verbal command which instructs the child as to how he or she is supposed to behave.
  - e. When a misbehaving child begins to behave appropriately, encourage and praise small positive steps rather than waiting until the child has behaved for a long period of time.
  - f. Attend to the children who are behaving appropriately and other children will follow their example in order to obtain your attention.
- 5. The following activities or threats of such activities are unacceptable as behavior guidance measures and shall not be used for children. These include, but are not limited to the following:
  - a. Restraints (Restraining a child briefly by holding the child is allowed when the child's actions place the child or others at risk of injury.)
  - b. Washing mouth with soap
  - c. Taping or obstructing a child's mouth

- d. Placing unpleasant or painful tasting substances in mouth, on lips, etc
- e. f. Profane or abusive language
- Isolation without supervision
- Placing child in dark areas g. h.
- Inflicting physical pain, hitting, pinching, pulling hair, slapping, kicking, twisting arms, biting or biting back, spatting, swatting, etc.
  Yelling (This does not include a raised voice level to gain a child's attention to
- i.
- protect the child from risk of harm.)
  Forcing physical activity, such as running laps, doing push-ups, etc. (This does not j. include planned group physical education activities that are not punitive in nature.)
- Associating punishment with rest, toilet training or illness k.
- Denying food (lunch or snacks) as punishment or punishing children for not eating 1.
- Shaming, humiliating, frightening, physically or mentally harming children or m. labeling children.
- 6. Behavior charts, if used, should be used to encourage positive behavior. Behavior charts shall record only the child's behavior for the current day and shall not be punitive. (Behavior charts used to record only positive behavior may be maintained on a weekly basis.) The child's age and level of understanding should be considered when using behavior charts.
- Behavior guidance practices used by the center shall be discussed with each child's parents 7. and provided to them in writing at the time of enrollment with a copy signed by the parent maintained in the child's record.

## 500.10 Infants/Toddlers

Time-out shall not be used for children under two years of age. (Brief separation from the group is acceptable when the child's behavior places the child or others at risk of harm. 1. The child may be placed in a supervised area away from the group or in a crib or playpen while staff attend to the situation. Example: A child who has bitten another child would removed from the group, briefly, while staff attends to the bitten child.) be

## 600 RECORDS

- 1. All employee, child and facility records shall be kept and made available to the Child Care Licensing Unit on request. Employee records may be kept at another location away from the licensed site as long as they are available for review up request wherever they are maintained.
- 2. All required records shall be maintained for 3 years. (This includes records on children no longer enrolled.)
- 3. Licensing compliance forms (DCC-521) shall be maintained at the facility for 3 years. The facility shall advise parents in writing that the compliance forms are available for review upon request.

## **601** Employee Records

Employee records shall contain the following:

- 1. Name, date of birth, address and telephone number
- 2. Education, training and experience

- 3. Health record, including current health card and/or physician's statement verifying the employee is free of contagious tuberculosis
- 4. Employment related information for previous six years, with written documentation, that contact or attempt to contact has been made.
- 5. Attendance record, listing days and hours worked
- 6. Date of employment and date of separation
- 7. Document training or continuing education; i.e., orientation, in-service training, and workshop documentation, which shall include title of workshop, presenter, hours of training and date
- 8. Initiation of Criminal Record Checks and Central Registry Checks and the results obtained when received

## 602 Child Records

- 1. The child care facility shall maintain a record for each child in care which shall contain the following information:
  - a. Application form which includes child's name, date of birth and address, name of parent or guardian, telephone numbers (home and business), work hours of parents or guardians, and date of enrollment in facility
  - b. The name, address and telephone number (home and business) of a responsible person to contact in an emergency if the parent or guardian cannot be located promptly
  - c. Name, address and telephone of child's physician or emergency care facility
  - d. Written permission of parent or guardian authorizing emergency medical care and transportation of child for emergency treatment (This authorization shall accompany children anytime they are transported)
  - e. Name(s) of persons authorized to pick up child
  - f. Permission slips signed by parent or guardian authorizing the child to be taken on specific field trips
  - g. Pertinent medical history on the child.
  - h. An authorized record of up-to-date immunizations or documentation of a religious or medical exemption from the Arkansas Department of Health (Updated immunization schedules will be provided as changes are received from the Arkansas Department of Health.)
  - i. A record of all accidents or injuries indicating the location, time of day, area or piece of equipment where the incident occurred
  - 2. The child care facility shall maintain the following records on all children in care:
    - a. Attendance records on all children
    - b. Roster(s) of children's names of those going on a field trip shall be checked upon boarding for departure, upon boarding for the return trip and upon arriving back at the facility

## 700 NUTRITION

- 1. The center shall ensure that lunch is served to each child.
- 2. Breakfast, lunch, snacks and evening meals shall each meet *current* U.S. Department of Agriculture guidelines, including portion size. (See Appendix C) If sack lunches are utilized, the facility shall ensure that they also meet these requirements. Milk shall be served to each child during the day. Exceptions may be made for children who suffer allergies to milk.
- 3. Breakfast shall be made available for children who arrive before 7:00 a.m. Breakfast may be served to all children rather than a morning snack provided there is no more than 3 hours between breakfast and lunch.
- 4. Meals shall be served at tables. All food service surfaces shall be kept sanitary.
- 5. Food and drinks which are not available to the children shall not be consumed by staff in the children's presence.
- 6. Mid-morning snacks or breakfast, and mid-afternoon snacks shall be provided for all children.

## 700.10 Infants/Toddlers

- 1. The routine use of food, bottles and formula shall be agreed upon by the caregiver and parent. Instructions regarding special needs for food, bottles and formula, such as food allergies, shall be obtained in writing from the parent and followed by the caregiver. (See Appendix D).
- 2. Feedings for all children up to twelve (12) months of age shall be documented by the caregiver and available for review by the parent. This documentation shall continue for all children older than twelve (12) months of age who are still being given bottles.
- 3. Infant bottles and food shall be prepared and heated in an area separate from the diaper change area.
- 4. Water used for the preparation of formula shall not come from the hot water supply. (Water from hot water systems may contain higher levels of lead and other substances which could be harmful to small children.)
- 5. Children shall not share the same bottle or eating utensils. The facility shall practice a sanitary method of cleansing baby bottles, cups, and utensils.
- 6. Bottles shall not be propped. Infants under six months of age shall be held while being bottle-fed. If needed, infants six months of age or older shall be held while being bottle-fed.
- 7. Bottles and "sippy cups" shall be labeled with the child's name and shall be refrigerated.
- 8. Safety straps shall be used in high chairs at all times.

## 800 BUILDINGS

1. Child care centers shall comply with the Minimum Requirements of The National Fire Safety Code 101 as administered by local fire department or by the State Fire Marshal, who has final authority. Written verification of annual approval shall be maintained on file.

Please note that National Fire Safety Code 101 does not allow the use of basements or floors above ground level by children, first grade and younger, unless there is a ground level exit. Waivers or exceptions to this code requirement must be obtained in writing from the State Fire Marshal's Office prior to using these spaces.

- 2. State Health Department requirements shall be met. Written verification of annual approval shall be maintained on file.
- 3. All space used by a center shall be kept clean and free of hazardous or potentially hazardous objects.
- 4. Thirty-five square feet per child of usable floor space shall be required for indoor activities. This does not include bathrooms, kitchen and hallways. Usable space in the child care center shall include areas in the classroom used for storage of programmatic materials which are accessible to children. This does not include closets or storage space for equipment that is not in use.
- 5. Separate space shall be provided for the isolation of children who become ill and shall be located in an area that can be supervised at all times by a staff member.
- 6. All parts of the center used by the children shall be well heated, lighted and ventilated. Glass doors shall be clearly marked. When windows and doors are used for ventilation, they shall be screened and shall not present a safety hazard.
- 7. Floor furnaces, gas heaters, electric heaters, hot radiators, hot water heaters, air conditioners and electric fans shall have guards and shall not present a safety hazard.
- 8. Floors, ceilings and walls shall be in good repair and kept clean. Paints used at the facility shall be lead free.
- 9. A child care center shall have an operable telephone.
- 10. The following manufactured homes shall not be used as child care centers:
  - a. Manufactured homes constructed prior to June, 1976
  - b. Manufactured homes constructed with metal roofs and outside walls
  - c. Single-wide manufactured homes
- 11. Double-wide manufactured homes may be considered provided they are tied down in accordance with the manufacturer's tie down specifications manual. Any new applicant for a child care center that requests the use of a manufactured home shall obtain an inspection at the applicant's expense from the Arkansas Manufactured Home Commission.
- 12. Manufactured homes currently licensed as child care facilities shall be tied down as recommended by the Arkansas Manufactured Home Commission.
- 13. Portable classroom buildings are not considered manufactured homes, but do require Fire Department approval. Portable classroom buildings installed after 11-1-2002 shall have Fire Department approval prior to purchase and installation.

## 800.10 Infants/Toddlers

1. If Infant and Toddler Centers and Child Care Centers are operated in the same building, the areas designated for care of infants and toddlers shall be in rooms separate from the activity of other children.

2. When infants/toddlers share the same eating areas with older children, arrangements shall be made to maintain separation.

## 900 GROUNDS

To provide the safest possible playground environment, you are encouraged to meet Consumer Product Safety Commission's guidelines listed in their "Handbook for Public Playground Safety". However, the following are minimum requirements and shall be met.

Please note that these requirements do not mandate the use of any large and/or permanently anchored pieces of playground equipment that would require fall zones and surfacing. Numerous options for suitable playground environments are available and acceptable. For information on playground options, contact your Licensing Specialist.

## 901 Layout and Design

- 1. The play area shall be enclosed and provide at least 75 square feet per child present on the playground at anytime.
- 2. There shall be an outside exit from the play area.
- 3. The area shall be well drained.
- 4. There shall be equipment and activities appropriate for the age and number of children enrolled in the facility.
- 5. Separate play areas or time schedules shall be provided if infants and toddlers share playgrounds with older children.

#### 902 General Hazards

- 1. The area shall be free of hazards or potentially hazardous objects.
- 2. Equipment, which is designed to be anchored, shall be properly anchored so that the anchoring devices are below ground level.
- 3. Sand for playing shall be kept safe and clean.
- 4. Paint on equipment shall be lead free.
- 5. All fasteners, including S-hooks, shall be securely tightened or closed.

- 6. There shall be no sharp points, corners, edges, or splinters.
- 7. The only trampolines allowed shall be mini-tramps used under direct supervision.
- 8. To prevent entrapment, there shall be no opening(s) between any interior opposing surfaces between 3.5 and 9 inches. (Openings in equipment that might allow a child's body to pass through but not their head.) Ground bounded openings are exempt.
- 9. Balance beams higher than 12 inches shall have fall zones.

## 903 Slides

1. Slides shall not have any spaces or gaps between the platform and the slide surface.

## 904 Swings

- 1. The following swings shall not be used for any ages:
  - a. Multi-occupancy swings designed to hold more than one child, except tire swings
  - b. Animal figure swings
  - c. Free swinging rope (Tarzan ropes)
  - d. Swinging exercise rings
  - e. Trapeze bars
- 2. There shall be no wood or metal swing seats
- 3. Toddler swings shall provide support on all sides, if seat is above 12" from ground.

## 905 Climbing Equipment

- 1. Free standing arch climbers exceeding 4 feet in height shall not be used for pre-schoolers.
- 2. Flexible grid climbing devices, such as rope or chain ladders, climbing ropes, etc., shall be securely anchored at both ends.
- 3. Pre-schoolers shall not use sliding poles.
- 4. Sliding poles shall have no protruding welds or seams along the sliding surface and the pole shall not change directions.

## 906 Merry-Go-Rounds

1. The only merry-go-rounds allowed are portable merry-go-rounds not designed to be anchored and they shall have handgrips or other secure means of holding on.

#### 907 Seesaws

- 1. Seesaws without spring centering devices shall have shock absorbing materials, such as partial tires embedded in the ground underneath the seats or secured to the underside of the seats.
- 2. Hand holds shall be provided for both hands at each seating position and shall not turn when grasped.

## 908 Fall Zones/Surfacing

1. There shall be fall zones and surfacing under and around equipment that is over 24" in height at the highest accessible point. (The highest accessible point is defined as the highest surface on the piece of equipment where children would stand or sit when the equipment is being used as intended.) Fall zones shall extend a minimum of 6' in all directions (unless otherwise specified) from the perimeter of the equipment. Exceptions may be granted for structures that have protective barriers in place.

Swings require fall zones and surfacing regardless of height. (Toddler swings equipped with safety straps are exempt from this requirement, provided their use is closely supervised.)

- a. Structures over 2' and under  $3\frac{1}{2}$  'at the highest accessible point shall have a minimum surfacing material depth of 6"
- b. Structures 3 ½' up to 5' at the highest accessible point shall have a minimum surfacing material depth of 9" (shredded tires or other shredded or chopped rubber products shall have a minimum depth of 6")
- c. Structures 5' and taller at the highest accessible point shall have a minimum surfacing material depth of 12" (shredded tires or other shredded orchopped rubber products shall have a minimum of 6" depth).
- 2. Shock absorbent material such as sand, pea gravel, wood chips, wood mulch, shredded tires, etc., shall be used in fall zone areas under and around playground equipment which requires a fall zone.

When purchasing gravel, care should be taken prior to purchase to insure that the gravel is actually pea gravel that is smooth and rounded, and not crushed rock or gravel with sharp edges. Crushed rock and sharp gravel will not be approved.

Pea gravel used for fall zones shall not be over ½ inch in diameter.

- 3. Hard surface materials, such as asphalt and concrete shall not be used as base surfaces in the fall zones except under commercial matting or other systems/products designed to be installed over hard surfaces.
- 4. SLIDES: The fall zone for slides measuring 6 feet or over, measured from the slide platform to the ground, shall extend 10 feet from the exit end of the slide. Fall zones for slides measuring under 6 feet from the platform to the ground shall extend 6 feet from the exit end of the slide.
- 5. SWINGS: The fall zone for single-axis swings (standard swings) (except toddler swings) shall extend to the front and to the rear of the swing a minimum distance of two times the height of the pivot point (where the chain attaches to the frame) above the playing surface. The fall zone for toddler swings shall extend to the front and rear of the swing a minimum of two times the distance from the pivot point to the swing seat. (Note exemption listed in #1 above.) Fall zones shall also extend six feet to the sides of the swing set.
- 6. SWINGS: The fall zone for multi-axis swings (such as tire swings or others with three or more suspending chains) shall extend in all directions a minimum of six feet, plus the height of the suspending rod or chain.
- 7. Fall zones shall be free of obstacles onto which children may fall.

## 1050 FURNITURE AND EQUIPMENT

- 1. Each child care center shall be equipped with toys, books and indoor and outdoor equipment to take care of the needs of the total group and to provide each child with a variety of activities throughout the day.
- 2. All equipment shall be sturdy, clean, and safe.
- 3. Paint on toys, equipment and other materials shall be lead free.
- 4. Chairs and tables shall be the size-appropriate for children.
- 5. The center shall provide individualized space for storing personal belongings.
- 6. There shall be storage space for extra materials and other equipment when not in use.

## **1051 Sleeping Arrangements**

- 1. There shall be a labeled, individual cot or mat, bottom sheet, and adequate cover for each child in care during rest time.
- 2. The use of mats shall be acceptable if they are at least 2 inches thick, washable, waterproof, and size-appropriate for children.
- 3. Sleeping equipment shall be kept at least one foot apart for napping.

- 4. Sheets and covers shall be washed at least once a week. Once a sheet/cover/blanket has been used by a child, it shall not be used by another child until it has been washed.
- 5. There shall be sufficient lighting during nap time to provide adequate supervision of the children.

## 1051.10Infants/Toddlers

- An individually labeled crib or safe playpen with a waterproof mattress shall be provided for 1. each child under 12 months of age. A bassinet shall not be used.
- 2. The following guidelines shall be required for cribs:
  - Slats shall be no greater than 2 3/8" apart a.
  - b.
  - Cribs that have end panels with decorative cutout areas shall not be used Mattresses shall fit snugly in the crib, be waterproof and in good repair. The space c. between crib and mattress shall measure no more than 1 inch
  - Corner posts shall be the same height as end panels d
  - End panels shall extend below mattress at the lowest position of the mattress
- Crib bedding shall be changed daily or more frequently when wet or soiled. 3.

Recommendation: Care should be taken to ensure that loose bedding materials, such as pillows, blankets, etc., are kept away from the faces of sleeping infants. Infants should be placed on their backs to sleep unless there is a medical reason not to do so. These precautions are intended to lessen the risk of suffocation and Sudden Infant Death Syndrome.

#### 1100 HEALTH

## 1101 General

- No child or staff shall be admitted who has a contagious or infectious disease. Parents and 1. guardians shall be notified to pick up the child if the child exhibits any of the symptoms listed below:
  - <u>Fever</u>: A body temperature of 101 or greater (Recommendation-Infants, six months of age or under, who have a temperature of 100 or greater should be excluded.) a.
  - Diarrhea: three (3) or more watery stools in a 24-hour period b.
  - Vomiting: Vomiting on two or more occasions within the past 24-hour period c.
  - Rash: Body rashes, not obviously associated with diapering, heat or allergic d reactions to medications
  - Sore Throat: if associated with fever or swollen glands in the neck e.
  - Severe Coughing: Episodes of coughing which may lead to repeated gagging, f. vomiting or difficulty breathing
  - Pink Eye: Pink or red eye(s) which may be swollen with white or yellow g. discharge, until on antibiotics for 24 hours
  - Untreated Scabies, Head Lice or the presence of nits: May return after treatment h. and removal of nits.
  - Multiple Sores inside mouth with drooling: unless health care provider determines i. the condition is non-infectious.

- Ring Worm: a fungal infection of the scalp or skin: may return after evaluation and j. under treatment by a health care provider
- Impetigo: may return 24 hours after treatment is initiated. k.
- Any child who becomes ill and unable to participate in daily activities shall be separated 2. from other children, supervised, and parents shall be called to pick up the child.
- 3. Any child who is injured shall have immediate attention. Parents shall be notified of all injuries. Injuries that require the attention of medical personnel shall be reported to the parent immediately and to the Licensing Unit within one business day.
- 4. Parents or guardians of all children shall be notified of contagious illness as soon as possible.
- Medication shall be given to children only with signed parental permission which includes date, type, drug name, time and dosage. It shall be in the original container, not have an expired date, and be labeled with the child's name. (Aspirin substitutes, such as ibuprofen and acetaminophen, may be provided by the facility if parental permission has been granted. 5. These medications shall be in the original container.) Staff shall not dispense medications in dosages that exceed the recommendations stated on the medication bottle.
- A first aid supply shall be kept out of reach of the children. A first aid kit containing 6. medications shall be locked. This kit shall include the following:
  - Adhesive band-aids (various sizes) a.
  - Sterile gauze squares b.
  - Adhesive tape c.
  - Roll of gauze bandages d.
  - Antiseptic e.
  - f. Thermometer
  - g. h. Scissors
  - Disposable gloves
  - Tweezers
- Medicine shall be kept out of the reach of the children when dispensing and shall be stored in a locked area at all other times. 7.
- 8. Smoking is prohibited within the physical confines of the child care center.
- 9. Smoking outside the facility shall be limited to a designated area out of the presence of children.
- 10. Garbage and soiled diapers shall be kept in closed containers. Garbage and trash shall be removed from the center daily and from the grounds at least once a week.
- There shall be no pets or animals allowed that present a health and safety threat. 11.
- The communicable diseases listed in Appendix B, whether suspected in a child or adult, shall be reported within 24 hours to either the local County Health Unit or the toll free Reporting 12. System (800-482-8888). Immediate notification is recommended for the following:
  - Hepatitis a.
  - Rash illness (including \*MEASLES & RUBELLA) WHOOPING COUGH (pertussis) b.
  - c.
  - **MENINGITIS** d.
  - **MUMPS**

- f. Tuberculosis
- g. Salmonellas (including typhoid).
- h. E-coli

## 13. Reporting data should include:

- a. The reporter's name, location and phone number
- b. The name of the disease reported and the date of onset
- c. The patient's name, address, phone number, age, sex, and race (Please spell the patient's name)
- d. The attending physician's name, location and phone number
- e. Any pertinent clinical and laboratory information used in the diagnosis (Please give the laboratory name)
- f. Any treatment information, if known
- 14. A roster shall be maintained on infants and toddlers who have not completed the minimum immunization requirements and parents notified of the needed immunization(s).
- 15. Within 15 days of enrollment of a child, the child care facility shall verify that the child has been immunized as required by the Arkansas Department of Health or the child cannot remain in care (Arkansas Code 20-78-206 as amended by Act 870 of 1997--a current immunization schedule is provided as an insert in this publication).
- 16. Children shall be protected from overexposure to the sun. Sunscreen shall be used if needed and as directed by the parent. Suntan lotions and/or sunscreens used for infants/toddlers and preschool children shall be kept out of the children's reach and shall be administered only with written parental permission. (A blanket permission may be obtained annually.)

## 1101.10 Infants/Toddlers

All diapering preparations shall be placed out of the reach of children. The use of all diapering preparations shall be agreed upon by the caregiver and parent.

## 1102 Hand Washing

- 1. Individual towels, paper towels or forced air dryers shall be within the reach of children.
- 2. A liquid soap shall be accessible in the hand-washing area and used by caregivers and children.
- 3. Running water shall be available in all lavatories.
- 4. Caregiver's and children's hands shall be washed with soap before meals and snacks, after toileting, after each diaper change, and as needed.
- 5. A wash cloth shall not be used more than one time before laundering.
- 6. A hand-washing sink shall be available for the staff within the diaper change areas.

## 1102.10 Infants/Toddlers—Hand-washing

Caregivers hands shall be washed with soap upon entering the work area.

## 1103 Drinking Facilities

- 1. The water supply shall be approved by the Arkansas State Department of Health.
- 2. Drinking water shall be provided to the children.
- 3. Drinking water shall not be obtained from the hot water supply.

## 1104 Toilet Facilities

- 1. There shall be 1 toilet and 1 sink available for each group of fifteen (15) children.
- 2. Clean clothes shall be available for children who soil themselves.
- 3. Each center licensed or approved for more than thirty (30) children over the age of 18 months shall have a separate rest room for staff. Infant and Toddler Center staff and Day Care Center staff may share the same toilet facilities when both programs are located in the same building.
- 4. Toilet tissue shall be located within reach of the children when toileting.

## 1104.10 Infants/Toddlers--Toilet Facilities

- 1. There shall be at least one toilet and one sink available to each infant/toddler center. For every fifteen (15) children 18 months age and above, there shall be an additional toilet and sink.
- 2. The child care center shall either provide a bathroom that opens directly into the room where toddlers are located or the facility shall provide additional staff for assisting children with toileting.
- 3. Potty chairs shall not be counted in lieu of conventional toilets. If potty chairs are used, they shall be placed in the same area with a conventional toilet and sink and shall be emptied and sanitized immediately after each use.

## 1105 Diaper Changing

- 1. When infants and toddlers are in care, there shall be a safe diaper changing area which shall be sanitized after every use and equipped with necessary supplies and cleaning materials.
- 2. Soiled or wet diapers shall be removed and replaced with clean, dry diapers. The caregiver shall ensure that children are properly cleaned and dried.
- 3. Soiled cloth diapers or clothing shall not be rinsed. If a child's own diapers are used, they shall be sanitarily bagged to be taken home daily.
- 4. Diaper covers or plastic pants shall be handled in the same manner as cloth diapers.

## 1106 Toilet Learning

- 1. The caregiver shall assist children in toilet routine and hygiene practices.
- 2. The following methods shall not be used in toilet learning:
  - a. Placing child on toilet or potty chair for prolonged time periods

b. Using harsh language

Punishing or berating in any way for soiling clothing c.

- Using physical force to place child on a toilet or potty chair against their will d.
- Leaving child unsupervised on toilet

#### 1200 **SAFETY**

- Procedures and diagrams for emergency drills shall be posted in each room and the 1. following practices shall be followed:
  - Both fire and tornado drills shall be practiced each month a.
  - b.

c.

- Staff, including volunteers and substitutes, shall be trained in safety drill procedures Everyone in the facility at the time of the drill shall participate in the drill The facility shall maintain a record of emergency drills, noting the date, time of the d. drill, the number of children participating in the drill and the length of time taken to reach safety.
- Child care centers shall maintain a log of all child product recall and safety notice issued by the Attorney General's Office and shall post or otherwise make these notices available 2. for parents to review. The facility director shall certify, on an annual basis, that these notices have been maintained and reviewed and that any identified items have been removed from the facility. Forms for self-certification will be provided by the Licensing Specialist and shall be submitted annually. (Act1313 of 2001)
- 3. All medications and poisonous substances shall be kept in separately locked areas.
- All detergents and cleaning supplies shall be kept out of the reach of children. (This does not 4. include hand soap in children's or staff bathrooms.)
- 5. Supplies used for children's activities shall be carefully supervised.
- All bags belonging to children shall be checked on arrival to eliminate possible hazards. 6. Purses and bags belonging to staff shall be stored out of reach of children.
- Electrical outlets shall be guarded. 7.
- Balloon use shall be carefully supervised. 8.
- 9. Staff shall be instructed in the use of fire extinguishers.
- 10. The facility shall maintain smoke detectors/fire extinguishers as required by the Fire Department. Smoke detectors shall be kept in working order at all times.

## 1200.10 Infants/Toddlers

Balloon use shall not be allowed in infant/toddler areas. 1.

## 1201 Transportation

Staff transporting children shall have a current valid driver's or commercial driver's license 1. as required by state law.

- 2. The vehicle shall be licensed, insured and maintained in proper working condition, and in compliance with Arkansas state laws on transportation of children.
- 3. Driver may be counted in staff/child ratio, but shall not be the only adult when more than 12 children over the age of three are transported.
- 4. For transporting children kindergarten and above <u>only</u>, a ratio of 1:20 shall be maintained. Driver may be counted in staff/child ratio.
- 5. Any child who is less than 6 years old and weighs less than 60 pounds shall be restrained in a child passenger safety seat. Any child who is at least 6 years or weighs at least 60 pounds must be restrained by a safety belt. (Act 470 of 2001). Conventional school busses are exempt from this requirement except for the transportation of infants/toddlers. (See # 1201.10.2)
- 6. There shall be a seating space and an individual, appropriate restraint system provided for each child transported.
- 7. Rosters listing the date, the names and ages of all children being transported as well as the name of the driver and any other staff member on the vehicle shall be maintained, these rosters shall be used to check children on and off the vehicle when they are picked up and dropped off at home, school, etc. and when they arrive at and leave the facility. Transportation rosters shall be kept by the facility and available for review for three one year.
- 8. To insure that no children are left on the vehicle, the driver <u>or a staff member</u>, must walk through the vehicle and physically inspect each seat before leaving the vehicle. The driver <u>or the staff member who conducted the walk through inspection</u>, must sign the transportation roster to verify that all children have excited the vehicle.
- 9. To insure that children have safely arrived in the appropriate classroom, the transportation roster shall be reviewed by the Director or designee and compared with classroom attendance records. The Director or designee shall sign off on the transportation roster to verify that all children have safely transitioned from the vehicle to the classroom.

## **1201.10** Infants/Toddlers--Transportation

- 1. In a vehicle transporting infants and toddlers, the driver may be counted in staff/child ratio but shall not be the only adult. A ratio of one adult for each three infants/toddlers shall be maintained.
- 2. Infants and toddlers shall not be transported on school buses that are not equipped to accommodate required child safety seats.

## **1202 Swimming Pools**

- 1. Swimming pools and natural pools of water may be used for water play if the following requirements are met:
  - a. Health Department approval where applicable
  - b. Written parental permission

- c. One person present at all times who has received certification in Red Cross Life Saving or Y.M.C.A. aquatic instruction
- 2. Adult supervision of the children shall be provided at all times, with grouping based on the following staff/child ratio: (unless children are participating in an authorized swimming instruction program)

a. Kindergarten & up	1:8
b. 5 years	1:5
c. 4 years	1:3
d. 2 1/2 - 3 years	1:2

- 3. When children of different ages are swimming in a group, the staff/child ratio shall be based on the youngest child within the group. Lifeguards, swimming instructors or any other swimming pool staff may be counted in the ratio when the facility's children are the only occupants of the pool and these persons have completed criminal and child maltreatment background checks and have a current health card.
- 4. Swimming pools located within the play area of the center shall be enclosed. The enclosure shall consist of a locked gate and a fence that is at least four feet high.

## 1202.10 Infants/Toddlers--Swimming Pools

Swimming pools, wading pools, and natural pools of water shall not be used for children in Infant/Toddler programs. This does not prohibit the use of sprinklers and water play for this age child.

#### **PROGRAM SPECIFIC VARIATIONS**

PROGRAM-SPECIFIC VARIATIONS ARE NUMBERED ACCORDING TO THE REGULATION WITH WHICH IT VARIES. UNLESS A VARIANCE IS LISTED BELOW, ALL BASIC REQUIREMENTS APPLY.

## 1300 SCHOOL AGE/SUMMER DAY CAMP

## 301 Staff/Child Ratio

Kindergarten and above, 1 worker per 20 children.

#### 400 Program

- 1. The program of activities shall be flexible and shall provide some opportunities for a child to choose how he will spend his time.
- 2. The program shall provide a variety of activities suitable to the ages and interests of the children.
- 3. School age children who leave the child care center to participate in other activities shall have written permission from the parents naming the activity, time of leaving and returning and method of transportation.
- 4. Children in camp situations shall be under direct supervision of staff at all times.

#### 602 Child's Records

- 1. Immunization records shall not be required for school age children.
- 2. Permission for specialized summer activities shall be maintained.
- 3. Emergency information and medical permission sheet shall be maintained at camp site.

#### 700 Nutrition

- 1. Children arriving for after-school care shall be provided with a nutritious snack.
- 2. Mid morning snacks shall be provided for all children who are in care for more than 3 hours prior to lunch. Mid afternoon snacks shall be provided for all children.
- 3. Vending machines in school age settings are acceptable provided they are not the only source of snacks and/or beverages.
- 4. Milk is not required to be served in rural day camp settings.

#### 800 Buildings

- 1. Twenty-five (25) square feet of floor space shall be provided for each school age child.
- 2. If a facility utilizes the out-of-doors as its major program component for school-age children, covered pavilions and other roofed structures shall provide 25 square feet per child.
- 3. If preschool children are not present, electrical outlets need not be plugged.

#### 900 Grounds

The requirements for an enclosure of the outdoor play area shall be met if there are health, safety, or fire hazards present.

## 1051 Sleeping Arrangements

A period for quiet activities shall be provided when children are in care all day.

#### 1100 Health

Provisions shall be made for waterproof cots or mats if a child becomes ill.

## 1102 Hand Washing

Alternative methods of hand washing shall be provided if running water is not available.

#### 1103 Drinking Facilities

Water that is transported to the camp sites for drinking purposes shall be in enclosed containers. Fresh water shall be provided each day.

#### 1104 Toilet Facilities

There shall be one toilet and one sink for each 30 children. Separate toilet facilities for boys and girls shall be provided.

## 1201 Transportation

- 1. Driver may be counted in staff/child ratio.
- 2. There shall be a minimum of two staff members present whenever more than 20 children are transported.

## 1202 Swimming Pools

Lifeguards, swimming instructors, or any other swimming pool staff may be counted in the ratio when the facility's children are the only occupants of the pool and these persons have completed criminal and child maltreatment background checks and have a current Health card.

## 1400 EVENING & NIGHT CARE VARIATIONS

## Night care is any care provided after midnight.

#### 301 Staff/Child Ratio

Staff members shall be awake at all times and shall have children in view at all times.

## 400 Program

Evening quiet time activity shall be provided to each child arriving before bedtime.

#### 700 Nutrition

- 1. Children who are in care overnight shall be provided with a breakfast prior to leaving for school or other activities.
- 2. Supper shall be provided to children during the evening meal hours.
- 3. Snacks meeting the current U.S. Department of Agriculture guidelines shall be provided to children in attendance for more than 2 1/2 hours prior to bedtime.

#### 1051 Sleeping Arrangements

- 1. Bedtime schedules shall be established for children in consultation with the child's parent(s).
- 2. Storage space for clothing and personal belongings shall be provided within easy reach of the children
- 3. Individual beds or cots equipped with comfortable mattresses, sheets, pillows, pillow cases and blankets shall be provided for children in all-night care. Bed linens shall be changed at least once a week or daily when wet or soiled.
- 4. Mats may be used for children in evening care.
- 5. The upper level of double deck beds shall be allowed for children 10 years or older if a bed rail and safety ladder is provided.
- 6. Children shall have clean and comfortable sleeping garments for their individual use.

#### 1103 Toilet Facilities

- 1. There shall be age appropriate bathing facilities available for all children. For children aged 2 1/2 years and older in nigh care (after midnight), there shall be a bathtub or shower available. Bathtubs and showers shall be equipped to prevent slipping.
- 2. Bathrooms shall be located near the sleeping areas.
- 3. No child under 6 years of age shall be left alone or with another child while in the bathtub or shower.

## 1500 PART-TIME PROGRAM VARIATIONS

#### 400 **Program**

- 1. A rest period is not required for children who are in care for less than 4 hours per day or arrive shortly after lunch.
- 2. Outside play may be scheduled for periods of less than 1 hour daily.

#### 700 Nutrition

1. Facilities in operation for more than 3 hours per day shall provide a snack that meets current U.S. Department of Agriculture Guidelines.

## 1600 SICK CARE COMPONENT

#### 300 Staff/Personnel

- If the component is part of a child care facility, the program director shall be accountable to the facility director. If the component is an entity unto itself the program director may 1. also be the facility director.
- 2. The program director shall have completed the following training:
  - Communicable disease control a.
  - Recognition and care of usual childhood illness b.
  - CPR certification c.
  - First aid certification d.

#### 301 Staff/Child Ratio

- 1. Infant 1:3: Maximum group size = 6
- 2 Preschool/School age 1:5 Maximum group size = 10
- 3. Staff shall be separated in the same manner children are separated to prevent cross infection.

#### 400 **Program**

- Children shall be provided with quiet activities according to their age and abilities. 1.
- 2 Caregivers shall:
  - Administer medicine according to prescribed instructions a.
  - Take temperature frequently or as needed b.
  - c.
  - Monitor any changes in condition Record necessary medical or physiological data or changes d.
  - Notify parents immediately if their child's condition changes significantly for the worse, especially if the condition meets one of the excludable diseases or symptoms

- 3. The child shall be removed immediately from sick care when his/her condition meets one of the excludable diseases or symptoms.
- 4. Children may be returned to regular day care when a doctor's statement has been obtained or when the child is free of symptoms for 24 hours.

#### 600 Records

- 1. The record shall contain information on the specific condition or illness placing the child in sick care.
- 2. The record shall contain any recommendations for needed medical treatment and/or program or environment modifications that the child needs.

# 800 Buildings

- 1. If located in the same facility as day care, sick care shall be separate with a separate entrance and separate ventilation system.
- 2. Children with respiratory illnesses shall be cared for in separate space from children with gastrointestinal illness. Any child with an undiagnosed condition shall be separated from other children to prevent cross infection. A separate area can be defined by curtains; partitions etc. if airborne transmission is not likely.
- 3. A hand-washing sink shall be available in each room.
- 4. To prevent cross contamination, a designated toilet shall be available to each sick care room.
- 5. The facility shall be self contained i.e. food, water, bedding, toileting (no potty chairs) etc.

#### 1050 Furniture & Equipment

- 1. No furniture, fixtures, equipment and supplies designated for use in the sick care component shall be used or shared by well children.
- 2. All laundry shall be washed each day. The items shall be placed in a plastic bag and labeled "contaminated" so necessary precautions can be taken.
- 3. All toys and equipment shall be disinfected after every use.

#### 1100 Health

TABLES OF COMMUNICABLE DISEASES AND SYMPTOMS THAT EXCLUDE CHILDREN FROM SICK CARE: (asterisk denotes reportable diseases)

#### 1. Communicable Diseases:

#### a. RESPIRATORY ILLNESS b. GASTROINTESTINAL ILLNESS c. CONTACT

Chicken Pox
German Measles
Hemophilus influenza
Measles\*
Meningococcus\*
Mumps\*
Strep throat
Tuberculosis\*
Whooping Cough\*

Giardia Lamblia\* Hepatitis A\* Salmonella\* Shigella\* Impetigo Lice Scabies

2. Symptoms that Exclude Children from Sick Care:

A symptom is a condition that indicates an illness that may not be identifiable by one of the above listed names but presents a situation where the child shall not be admitted to or remain in sick care and should be seen by the family physician.

- 1. Diarrhea
  - a. Accompanied by evidence of dehydration for excessive fluid loss
  - b. Accompanied by history of poor fluid intake and/or marked lethargy
  - c. With blood or mucous in the stool unless at least one stool culture shows the absence of Salmonella, Shigella, Campylobacter or E-Coli
  - d. That exceeds 5 bowel movements in an 8-hour period or is continued over 3 or 4 days unless the child is under the supervision of a physician with written documentation;
- 2. Vomiting for over a 6 hour period
- 3. Difficult or rapid breathing
- 4. Severe coughing: episodes of coughing which may lead to gagging, vomiting, or difficulty breathing.
- 5. Mucous (phlegm) that is foul smelling, yellow or green and the child has a fever over 102
- 6. Asthmatics with severe upper respiratory infections who have not been seen by a physician or whose distress is not controlled by medication
- 7. Sore throat and fever greater than 103 or confirmed Strep throat until treated with antibiotics for over 24 hours
- 8. Skin conditions that have not been diagnosed as noncontagious by a physician; including but not limited to:
  - a. Yellow (jaundiced) eyes or skin
  - b. Children in contagious stages of chicken pox, measles, mumps or rubella

- c. Untreated impetigo
- d. Untreated scabies or head lice
- e. Blood-red rashes and skin conditions with spontaneous bruising
- 9. Children who are in the contagious stages of Pertussis, diphtheria, or tuberculosis
- 10. Pink or red eye(s) which may be swollen with white or yellow discharge until on antibiotics for over 24 hours
- 11. Abdominal pain that is intermittent or persistent
- 12. Fever over 102 for greater that 24 hours, or any fever over 103 unless the child has been evaluated and treated by a physician and does not have other exclusion criteria

#### **APPENDIX A: Definitions**

- 1. "Act" means the Child Care Facility Licensing Act as amended.
- 2. "Child Care Center" means any Child Care Facility conducted under public or private auspices on a profit or nonprofit basis providing direct care and protection for children. Any facility that is open more than five (5) hours during any 24 hour period or more than a total of ten (10) hours during a seven (7) day period is considered a Child Care Center and shall be subject to the provisions of the Child Care Facility Licensing Act. Those facilities meeting the above definitions but operating no more than three weeks are not required to comply with the licensing requirements, i.e.: Summer Bible Schools and Day Camps.

For purposes of determining the need for a license, all care provided at the site of a licensed program is considered a part of the licensed program and therefore subject to licensing requirements. This includes separate buildings located on the same property or any other property under the same ownership. However, Mother's Day Out and other part time programs serving children not participating in the licensed program are exempt as long as they operate no more than 5 hours per day or 10 hours per week.

A public or private school which operates a Kindergarten (K5) in conjunction with grades

one and above, or for grades one and above only and provides short-term custodial care (not to exceed 20 hours weekly) prior to and/or following classes for those students, is not required to comply with licensing requirements for the short-term custodial care provided.

- 3. "Child Care Facility" means any facility defined by Ark. Code Ann. § 20-78-202(4).
- 4. "Child Care Licensing Unit" means the unit within the Department of Human Services, Division of Child Care and Early Childhood Education, that inspects and investigates any proposed or operating Child Care Center and any personnel connected with the center to determine if the facility will be or is being operated in accordance with the Child Care Facility Licensing Act and the Licensing Requirements for the Child Care Centers.
- 5. "Child Maltreatment Central Registry Check" means a check of the Arkansas Child Maltreatment Central Registry for any record of founded child abuse and neglect or maltreatment.
- 6. "Criminal Record Check" means a statewide criminal record check conducted by the Identification Bureau of the Arkansas State Police.
- 7. "Criminal FBI Check" means a nationwide criminal record check conducted by the Federal Bureau of Investigation that conforms to the applicable federal standards and includes the taking of fingerprints. Application for a nationwide criminal check shall be made to the Identification Bureau of the Department of the Arkansas State Police.
- 8. "Day Care Centers" means child care for children age 2 1/2 or 30 months and above.
- 9. "Department" means the Arkansas Department of Human Services.
- 10. **"Division"** means the Division of Child Care and Early Childhood Education.

- 11. **"Employee"** means all full or part-time employees who perform services under the direction and control of the Child Care Facility.
- 12. "Evening and Night Care" means child care provided between 7:00 p.m. and 6:00 a.m.
- 13. "Infant Center" means child care for children from birth to age 18 months.
- 14. **"Kindergarten"** means a school based program offered for children five (5) years of age **(K5)** during the school year prior to their entry into the first grade.
- 15. **"Operator"** means any person or entity exercising any measure of supervision or control over a Child Care Facility.
- 16. "Owner" means any person who assumes the legal responsibility for operation of a child care facility.
- 17. **"Part-time Care"** means child care provided no longer than four (4) hours per day or not to exceed a maximum of 20 hours per week. These types of programs may include, but are not limited to, half day kindergarten, mother's day out programs, play schools and some nursery schools.
- 18. **"Personnel"** is defined as the facility owner or operator, employee or volunteer.
- 19. **"Program"** is defined as all activities that comprise the child's day at the center.
- 20. "Toddler Center" means child care for ages 18 to 36 months.
- 21. "School Age Care" means child care for children who are in kindergarten (K5) and above. School age child care includes before and after school care and extended care during school holidays and summer day camps. School age programs, which operate with children arriving and leaving voluntarily for scheduled classes, activities, practices, games and meetings, shall not be considered as meeting this definition.
- 22. "Sick Care" is defined as a separate service providing care for children who are too sick to attend day care as stated in Section 1000 but who do not exhibit any of the excludable diseases as defined in Section 1500. The primary objective of this service is to insure that children in care receive the required attention necessary for moderately ill children.
- 23. "Substantial Compliance" means compliance with all essential standards necessary to protect the health, safety and welfare of the children attending the Child Care Center. Essential standards include but are not limited to those relating to issues involving fire, health, safety, nutrition, discipline, staff/child ratio and space.
- 24. "Swimming Pool" means any pool of water in excess of 12 inches deep. This does not include natural pools of water such as lakes, ponds and rivers.
- 25. "Volunteer" means a person who provides services to a Child Care Facility at no cost to the facility.

# APPENDIX B: LIST OF REPORTABLE DISEASES

The following are the more common reportable diseases which occur with moderate frequency in Arkansas:

Gonorrhea Hepatitis (A, B, Non-A, Non-B unspecified and results of serologies) Rash illnesses (including \*MEASLES & RUBELLA) \*WHOOPING COUGH (pertussis)

**MENINGITIS** 

Salmonellosis (including typhoid) Shigellosis **Syphilis** Tuberculosis **MUMPS** 

The following are less common reportable diseases that occur with low frequency in Arkansas

\*AIDS (Acquired Immune Deficiency Syndrome) Amebiasis **ANTHRAX** \*Aseptic Meningitis Blastomycosis **BOTULÍSM** \*Brucellosis Campylobacter Interitis Chancroid **CHOLERA** Coccidioidomycosis \*Congenital Rubella Syndrome DIPHTHERIA Encephalitis (all types) FOOD POISONINGS (all types) Giardiasis Gonococcal Ophthalmia

Fever \*Guillain - Barre Syndrome Histoplasmosis

Granuloma Inguinale

HIV Human Immuno Deficiency Virus by (name & address)]

\*\*Influenza

\*Kawasaki Disease

\*Legionellosis

\* Leprosy

\* Leptospirosis \* Lyme Disease

Lymphogranuloma Venereum

\* Malaria

\* Meningitis, Hemophilus Influenza Type B

\* Meningococcal infection

Mumps Pesticide Poisoning

**PLAGUE** 

\* POLIOMYELITIS

\* Psittacosia (Ornithosis)

O Fever **RABIES** 

\* Relapsing Fever

\* Reves Syndrome Rheumatic Fever

\* Rocky Mountain Spotted

**SMALL POX** 

\* Tetanus

\* Toxic Shock Syndrome

**Toxoplasmosis** 

\* Trichinosis

\* Tularemia

TYPHUS FEVER YELLOW FEVER

- The reporting physician will be contacted for additional information
- \*\* Individual cases to be reported only when laboratory testing has determined the viral type.

The diseases in capital letters are to be brought to the immediate attention of the State Epidemiologist when suspected.

### Reporting data shall include:

a) Name and location of reporting person

b) Disease or suspected disease and date of onset

Name, age, sex, address and phone number of patient (please spell patient's name)

d) Name of patient's physician

The following diseases are also of public health importance and should be reported whenever there is an unusual incidence or outbreak (including seasonal). It is necessary to report 1) the physician's name and location, 2) the suspected disease and 3) the number of cases and interval during which the cases were seen:

Acute respiratory disease
Chicken pox
Conjunctivitis

Dermatophytosis (ringworm)
Enteropathogenic E. Coli Diarrhea
Pediculosis
Pleurodynia

Epidemic Diarrhea of unknown cause Pneumonia (bacterial, Mycoplasma, viral)

Gastroenteritis Staphylococcal-Infections Herpangina Streptococcal-Infections

The following occupational diseases also shall be reported:

Asbestosis Mesothelioma

Silicosis Coal Workers Pneumoconiosis

**Byssinosis** 

#### FOR FURTHER ASSISTANCE CONTACT THE LOCAL COUNTY HEALTH UNIT.

# MARKED UP COPY Proposed Revisions for the Minimum Licensing Requirements For

# Child Care Family Homes

JULYy 2004 Draft

(501) 682-8590

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# **Minimum Licensing Requirements for**

# **Child Care Family Homes**

#### Foreword

#### LICENSING AUTHORITY

"The Child Care Facility Licensing Act", Act 20-78-210-220, as amended, is the legal authority under which the Division of Child Care and Early Childhood Education prescribes minimum standards for a variety of child care facilities under the Act.

#### **Department Responsibility**

The Division of Child Care and Early Childhood Education (referred to hereafter as The Division) under the Department of Human Services is directly responsible for the inspection and evaluation of all licensed homes as defined in Section 101 of the Minimum Licensing Requirements for Child Care Family Homes.

The Division has the power to establish rules, regulations, and standards for licensing and operation of child care facilities. This includes all powers with respect to granting, revocation, denial, and suspension of licenses. Decisions regarding special situations shall be made on an individual basis by the Division. Information regarding an appeal process is available upon request.

The owner should be aware of any applicable city or county zoning ordinances or codes or neighborhood covenants which may limit the number of children in care or impose additional safety requirements. The Division will share information on the location and status of licensed homes or applications for a license with any city or county that requests this information.

The owner should be aware of applicable federal laws which may affect the operation of the facility. Child care programs are among the public accommodations that must comply with the Americans with Disabilities Act. (ADA).

Under federal civil right laws, a facility may not discriminate on the basis of race, color, sex, religion, national origin, physical or mental handicap, or veteran status.

The Child Care Licensing Unit will notify the applicable federal agency at any time they become aware of or are advised of violations of the federal Civil Rights Act or the Americans with Disabilities Act.

Laws relevant to the operation of child care facilities are available upon request.

#### **Application of Requirements**

In determining a recommendation for licensing the home shall be reviewed by a Child Care Licensing Specialist to determine that the home is in substantial compliance with the requirements.

Substantial Compliance means compliance with all essential standards necessary to protect the health, safety and welfare of the children attending the Child Care Family Home. Essential standards include but are not limited to those relating to issues involving fire, health, safety, nutrition, discipline, staff/child ratio and space.

#### LICENSING PROCEDURE

- 1. Any applicant applying for a home license may contact the local Division Office or Child Care Licensing Specialist to obtain information and/or the necessary application and related forms.
- 2. Upon receipt of a signed application the Child Care Licensing Specialist shall schedule an appointment to inspect, evaluate, and make a recommendation for consideration of license to the Division.
- 3. The Child Care Licensing Specialist shall make unscheduled visits throughout the year to determine continued compliance of standards and to offer consultation and technical assistance
- 4. The license as issued shall apply only to the home's location at the time of licensing. The licensee shall notify the Child Care Licensing Specialist's office of a change of location or ownership at which time a new study shall be conducted. Upon issuance of a license, the license shall remain in effect as long as compliance is maintained with the Minimum Licensing Requirements for Child Care Family Homes.
- 5. If the Division Staff (CCLS) finds that an applicant meets the licensing requirements for a Child Care Family Home or has a reasonable expectation of correcting deficiencies in a reasonable time, the Child Care Licensing Specialist may recommend a provisional license for operation of a child care facility to the Division. The provisional license shall be in effect for a reasonable period, not to exceed twelve months. This time frame shall be specified in the provisional license. A written list of deficiencies shall be provided the applicant at the time of issuance of a provisional license. A Licensing Specialist has 60 days to submit a recommendation to the Division for a provisional license.
- 6. Upon final determination by the Division of a suspension of a license, the Division shall specify in the suspension order the period of the suspension. The suspension of a license may range from one month to a maximum of twelve months. At the completion of the suspension period the license may be reinstated if the Division finds that the terms of the suspension order have been met.
- 7. The Division may revoke a license when any of the following situations occur:
  - a. The facility fails to maintain substantial compliance with licensing requirements.
  - b. The facility fails or refuses to correct cited deficiencies in a timely manner
  - c. The facility fails to insure the health, safety and welfare of children in care

The revocation of a license nullifies and cancels the license. At the time of a final

determination of revocation of the licensed by the Division, the Division shall specify in the revocation order the terms of the revocation. The licensee shall not be eligible to reapply for a license for a minimum of one year or longer, if specified in the revocation order. Related parties shall not be eligible to apply for a license for the same specified period. (Related parties are defined as immediate family members, members of Board of Directors, persons or entities associated or affiliated with, or which share common ownership, control, or common board members or which have control of or is controlled by the licensee. An immediate family member is defined as a spouse, step and in-law relationships, a child, a natural or adoptive parent, a sibling, a grandparent, a grandchild or a son or daughter-in-law.) Applicants who are denied a license or registration due to this requirement may appeal the denial to the Child Care Appeal Review Panel. Homes wishing to be re-licensed must submit a new application for licensure for review and approval by the Division. Approval must be obtained and a new license issued before the home provides care to a licensable number of children.

#### ALTERNATIVE COMPLIANCE

- 1. The Division may grant alternative compliance with the Minimum Licensing Requirements for Child Care Family Homes if the Division determines that the alternative form of compliance offers equal protection of health, safety and welfare to children and meets the basic intent of the requirement for which the alternative compliance is sought.
- 2. The Division shall consider all requests for alternative compliance with the Licensing Requirements except those requirements which are enforced by the Department of Health, Local Fire Marshal or State Fire Marshal's Office.
- 3. To request alternative compliance, the following procedure shall be initiated by the person responsible for the operation of the home:
  - a. The applicant/licensee shall submit the request for alternative compliance in writing
  - b. The request shall include:
    - -The specific standard for which alternative compliance is sought
    - -An explanation of how the alternative form of compliance is equal to or exceeds the stated requirement
    - -Full justification and description of what the alternative compliance method will be and the method by which the facility will carry out this plan to be able to continue to provide for the health, safety, and welfare of children as intended by the requirement
    - -The applicant/licensee shall provide clear and supportive evidence, and upon request of the Division, an expert's opinion on the effect to the health, safety and welfare of children and how it will protect through the alternative means of compliance

- 4. A separate written request shall be submitted for each requirement for which alternative compliance is sought. The approved alternative compliance is effective for the duration of the license unless a shorter time frame is requested or approved.
- 5. The granting of alternative compliance for a requirement shall in no way constitute a precedent. If an alternative means of complying with the requirement is granted by the Division and the facility fails to implement satisfactorily this alternate means, the original requirement for which alternative compliance was sought shall become immediately enforceable.
- 6. The Division shall have the right to obtain an expert opinion to corroborate expert opinions provided by the applicant/licensee.
- 7. The Division reserves the right to deny requests for alternative compliance when it finds that such request does not adequately protect the health, safety and welfare of children and does not meet the intent of the requirements.
- 8. All requests for alternative compliance shall be answered in writing by the Division.

#### LICENSE FEE

- 1. A Child Care Family Home shall be assessed a license fee of \$15.00 per year.
- 2. Upon review and determination by the Child Care Licensing Specialist of a licensing recommendation to be presented to the Division, the Child Care Licensing Specialist shall issue a Notice of License Fee Due to the home.
- 3. The Division shall not issue a license unless the required license fee has been paid.
- 4. A copy of the license fee notice shall be submitted at the time of licensure recommendation.
- 5. A second notice of license fee due will be sent to homes failing to submit the required license fee (Notice of License Fee Past Due). This notice will be sent 20 days after the initial notice of fee due. Failure to submit a license fee within 20 days of the receipt of past due notice will result in action to suspend the license until such time as the fee is paid.
- 6. Refunds of license fees paid are made only when the Division does not approve issuance of a license. There shall be no refunds of license fees paid upon Division action to revoke or suspend a license or for closure of a facility.

#### 100 DEFINITION AND APPLICATION

#### 101 Definition

- 1. A Child Care Family Home is defined as a situation in which children are cared for in a caregiver's own family residence or in some other suitable family type residence. There shall be no more than one license issued per home/structure. (This does not apply to situations such as a duplex where two licenses could be issued to two separate applicants.)
- 2. A home requires licensing when one (1) or more persons care for 6 or more children, from more than one (1) family at the same time. A maximum of 16 children may be cared for with a CCFH license.
- 3. An individual shall be eligible to hold only one license, which shall be issued for one location. The holder(s) of the license shall be considered the primary caregiver(s) and shall be present and responsible for children during hours of care. At least one of the licensees (primary caregivers) shall be present at all times children are in care and shall be otherwise employed during the hours of care.
- 4. If a qualified secondary caregiver is present, the primary caregiver may be absent for reasons related to the operation of the childcare business such as attending required training, and for brief and/or occasional absences relating to personal business or personal time off.
- 5. The caregiver's own preschool children shall be considered when determining the need for a license. The caregiver's own school age children are not considered when determining the need for a license. Other children in the home who are not accompanied a parent, whether pay is received for care or not, are considered in determining the need a license and will be counted in the ratio after a license is obtained.
- 6. A Child Care Family Home, which is not required to be licensed by this definition, may voluntarily choose to apply for a license or for registration with the Voluntary Registry.
- 7. Any home that has not provided care to children for a period of one year shall have the license closed unless a written request is made by the licensee stating why closure should not take place.

#### 102 Application

The primary caregiver in the home shall submit the following to complete the application process:

- 1. A completed and signed application on a form provided by the Division, including a diagram of the home.
- 2. Fire and health approval (where applicable).
- 3. Effective July 1, 2006, verification of city zoning and/or other city requirements, if applicable, shall be provided by any new applicants for a license and by existing homes

- requesting increases in the license capacity. (Please be advised that lists of applicants for a home license will be provided to any city that requests this information.)
- 4. Verification of all required criminal background checks and Central Registry checks being initiated.
- 5. All caregiver's names shall be included on the application for the license.
- 6. <u>A pre-application consultation meeting shall be required for all applicants for a license</u> prior to the approval of the application. This meeting shall be offered within 30 days of receipt of the application.

# 103 Appeal of Licensing Actions

A licensee or applicant for license may request an appeal of any of the following licensing actions:

- Adverse licensing actions (revocation or suspension of a license, conversion to a provisional license or denial of an application for license)
- Founded licensing complaints
- Denials of alternative compliance requests
- Cited noncompliance with the published standards

An appeal may be initiated on any of the above actions by requesting an appeal in writing to the Licensing Specialist or Licensing Supervisory Staff. Requests to appeal adverse licensing actions must be mailed within ten (10) calendar days of the receipt of the notice of the adverse action. Requests to appeal licensing actions, other than adverse, must be mailed within twenty (20) calendar days from receipt of the notification of the action. request to appeal shall include a statement of the action(s) taken by the Division and The reason(s) the licensee or applicant for license disagrees with that action. The request the appeal will be reviewed by the Licensing Supervisor and the Licensing the appeal is not resolved to the satisfaction of the licensee or Administrator. If applicant for license, the matter will be referred to the Child Care Appeal Review Panel for hearing. (Additional information regarding the appeal procedures and the Child Care Appeal Review Panel is available on request.)

#### 104 Licensing Investigations

Child Care Licensing staff shall have access to licensed homes for the purpose of conducting inspections, reviews, and complaint investigations. Denial of access to the home or denial of the right to interview children in care or other individuals present during hours of care may result in adverse action against the license.

#### 105 Child Maltreatment Record Checks

1. The following persons shall be required to have their background reviewed through an Arkansas Child Maltreatment Central Registry Check: (A check or money order for

\$10.00, payable to Central Registry, must be attached to each notarized form).

a. Each applicant to own or operate at application and every a licensed home two years thereafter

b. All household members who are at application, upon least 18 years of age residency, and every two years thereafter

c. Employees and applicants for employment in a licensed home at application or within 10 days of hire and every two years thereafter

d. All volunteers who have access at application and every two to children in the home years thereafter

- 2. The Division has the authority to review and consider each true (founded) report of child maltreatment received from the Central Registry. The Division shall retain the authority to:
  - a. Deny an applicant
  - b. Require corrective action
  - c. Take appropriate adverse action against the license
- 3. All caregiver(s) are mandated reporters under the Child Abuse law. The caregiver(s) shall notify the Child Maltreatment Hot Line number at 1-800-482-5964 when there is a reason to believe that a child has been abused or neglected. (AR Code Annotated 12-12-501 et seq.)
- 4. If a complaint of child maltreatment is filed against any employee or persons in the home, the Child Care Licensing Unit shall evaluate the risk to children and determine the suitability of the persons to supervise, be left alone with children or remain in the home during hours of care until the allegations have been determined true or unsubstantiated.
- 5. The Child Care Family Home operator, any employees or other persons in the Home who have had a true report of child maltreatment shall follow the corrective action plan approved by the Child Care Licensing Unit. Corrective action measures may vary from relevant training to reassignment or termination. Failure to comply with corrective action plans can constitute grounds for adverse action against the license.

#### 106 Criminal Record Checks

1. The following persons shall be required to have their background reviewed through Criminal Records check conducted by the Arkansas State Police:

a. Each applicant to own or operate a licensed home

b. All household members who are 18 years of age or older

c. Employees and applicants for employment in a licensed home

d. Volunteers who have supervisory/ disciplinary control over children

at application and every 5 years thereafter

at application; upon residency and every 5 years thereafter

within 10 days of hire and every 5 years thereafter

within 10 days and every 5 years

thereafter

- 2. The following persons shall apply to the Identification Bureau of the Arkansas State Police for a nationwide criminal records check, to be conducted by the FBI, which shall include a fingerprint check: (The individual is responsible for the \$24.00 cost of the nationwide check.)
  - a. Each applicant to own or operate a licensed home

initial application only

b. Each employee who has not been a resident of the State of Arkansas for the six preceding years within 10 days of hire

c. Volunteers who have supervisory or disciplinary control over children, or are left alone with children

if the person has not been a resident of Arkansas for 6 years

- 3. No person shall be eligible to be a child care facility owner, operator, employee or be present when children are in care if that person has pleaded guilty, or been found guilty, of any of the following offenses:
  - 1. Capital murder
  - 2. 1st/2nd degree murder
  - 3. Manslaughter
  - 4. 1st/2nd degree battery
  - 5. Aggravated assault
  - 6. 1st degree terroristic threatening
  - 7. Kidnapping
  - 8. 1st degree false imprisonment
  - 9. Permanent detention or restraint
  - 10. 1st/2nd degree rape or carnal abuse
  - 11. 1st/2nd degree sexual abuse
  - 12. 1st/2nd degree violation of a minor
  - 13. Incest
  - 14. 1st degree endangering of a minor
  - 15. Permitting child abuse
  - 16. Engaging children in sexually explicit conduct for use in a visual or print medium, transportation of minors for prohibited sexual conduct, use of a child or

- consent to use a child in sexual performance, by producing, directing or promoting sexual performance by a child
- 17. Criminal attempt, criminal solicitation or criminal conspiracy to commit any of the above named offenses
- 18. Distribution to minors [of any controlled substance]
- 19. Manufacture, delivery, or possession with intent to deliver, or manufacture any controlled substance
- 20. Carnal abuse in the third degree
- 21. Sexual solicitation of a child
- 22. Pandering or possessing visual or print medium depicting sexually explicit conduct involving a child
- 23. Negligent homicide
- 24. Assault in the first degree
- 25. Coercion
- 26. Sexual misconduct
- 27. Public sexual indecency
- 28. Indecent exposure
- 29. Endangering the welfare of a minor in the second degree
- 30. Any felony or misdemeanor involving violence or sexual misconduct
- 4. Any person who has pled guilty, nolo contendere, or who has been found guilty of any one of the offenses listed above may apply to the Division to demonstrate rehabilitation, if more than five (5) years have passed since the person was convicted and they have completed their sentence. (confinement, parole, or probation) The Division is authorized to determine whether rehabilitation is sufficient for the person to be a child care owner, operator, or employee.

#### 200 ADMINISTRATION

- 1. All employee, children and home records shall be kept and made available to the Child Care Licensing Unit on request.
- 2. Falsification of any document or the submission of false information to the Child Care Licensing Unit, or any other unit of the Division, may constitute grounds for revocation of the license. (Falsification means the submission of untrue information, whether by statement or omission.)
- 3. All applicable health and fire regulations shall be met (see Section 302.2).
- 4. The home shall not exceed its licensed capacity at any time (see Section 302.2).
- 5. The caregiver shall provide prudent supervision of all staff and other persons in the home, and is responsible for the health, welfare, and safety of the children in care.
- 6. Parents shall be informed in writing upon enrollment of their child that children may be subject to interviews by licensing staff, child maltreatment investigators and/or law enforcement officials for the purpose of determining licensing compliance or for

investigative purposes. (Child interviews do not require parental notice or consent.)

7. The facility shall provide a copy of the list of Kindergarten Readiness Skills, prepared by the Arkansas Department of Education, to the parents of each child all three and four <u>year old children</u> enrolled. (Act 825 of 2003) A statement, signed by the parent that they have received a copy of the list, shall be maintained in the child's record.

#### 300 PERSONNEL

# 301 Caregiver Qualifications and Responsibilities

- 1. The primary caregiver shall be twenty-one (21) years or older. A secondary caregiver shall be age eighteen (18) years or older.
- 2. Primary caregivers, newly licensed after November 1, 2002, shall have a high school diploma or GED or shall obtain one of the following within the first year of licensure; a GED, a Caregiver Certificate or a Specialist Certificate. Secondary caregivers who are left alone with children shall be able to read and write well enough to keep required records, read the licensing requirements and administer medication.
- 3. The primary caregiver shall not be otherwise employed during the time he/she is responsible for children in the home. Employment at other times shall not affect the quality of care given the children. When two persons are listed as joint holders of the license and are both primary caregivers, at least one shall be present in the home while children are in care. (Also refer to paragraph number 4, section 101.1.)
- 4. A caregiver shall not use profanity or speak in an abusive manner when children are present. The caregiver shall also cooperate with licensing staff during licensing monitor visits.
- 5. The caregiver shall have a person who would be able to care for the children in the event of an emergency.
- 6. All caregivers who work directly with children shall obtain at least 10 hours of in-service training or outside workshop training each year in continuing early childhood education. This training shall be approved by the Division (Act 584 of 1993).
- 7. At least one caregiver who is trained in infant and child cardiopulmonary resuscitation (CPR) shall be present within the confines of the home while children are in care. Adult CPR is also required if school age children are in care. **Certification shall be current**.
- 8. All caregivers shall provide a tuberculin test annually. All caregivers shall be physically and emotionally able to care for children.
- 9. Child Care Licensing may require a physician's statement for any caregiver anytime behavioral or physical indicators warrant.

- 10. Staff shall not engage in behavior that could be viewed as sexual or as dangerous, exploitative or physically harmful to children.
- 11. No caregiver shall consume or be under the influence of illegal drugs. (A drug test may be required if there is reasonable cause to suspect violation of this requirement and the issue cannot otherwise be resolved.) No caregiver shall consume or be under the influence of alcohol while delivering care. No caregiver shall consume or be under the influence of medications (prescription or non-prescription), which impair his/her ability to provide care.
- 12. Newly licensed caregivers shall attend Family Child Care Orientation Training within the first six months of being licensed.
- 13. The licensee shall notify the Licensing Unit within five calendar days of any change in the person(s) designated as secondary caregivers.

# 302 Caregiver to Child Ratio by Age

Adult Caregiver(s)	Number of Children	Ages of Children
302.1	A. 3-6	0-up (no more than 3under 2 years)

	B. 7	0-up (no more than 2 under 2 years)
ONE	C. 8	0-up (no more than 1 under 2 years)
	D. 9	2-up (no more than 3 between 2 & 3 years)
	E. 10	3-up
302.2	A. 3-6	0-up
	B. 7	0-up (no more than 4 under 2 years)
TWO	C. 8	0-up (no more than 4 under 2 years)
	D. 9	0-up (no more than 4 under 2 years)
	E. 10-14	0-up (no more than 4 under 2 years)
	F. 15-16	0-up (no more than 2 under 2 years)
302.3	A. 7	0-up (no more than 5 under 2 years)
	B. 8	0-up (no more than 5 under 2 years)
THREE	C. 9	0-up (no more than 5 under 2 years)
	D. 10-14	0-up (no more than 5 under 2 years)
	E. 15-16	0-up (no more than 4 under 2 years)

**302.4** FIRE INSPECTION IS MANDATORY FOR HOMES LICENSED FOR ELEVEN (11) OR MORE CHILDREN. (SECTION 1101.1) HEALTH INSPECTION (FOOD SERVICE) IS MANDATORY FOR HOMES LICENSED FOR ELEVEN (11) OR MORE CHILDREN. (SECTION 701.1)

# **302.5.** The caregiver shall be responsible for children in care at all times and shall exercise prudent supervision.

- When a caregiver is not in the same room with children the children shall be frequently observed and the caregiver shall remain close enough to easily hear them.
- Doors to rooms where children are sleeping or playing within the home shall remain open and sleeping children shall be visually monitored and periodically checked to insure they are breathing normally.
- The caregiver shall be present on the outdoor play area at all times when any children under age five are present. Children, ages five and up, may use the

outdoor play area without the caregiver being present as long as the caregiver frequently checks on the children <u>visually observes the children at least every five minutes</u> and remains in a section of the home where she (he) can hear <u>and see</u> the children and can reach them quickly in case of an emergency.

- 302.6 The caregiver shall not leave children unattended in the kitchen area of the home while any cooking is occurring. Ironing shall not occur in the presence of the children.
- **302.7**. The primary caregiver's own preschool children shall be included in the caregiver/child ratio. The primary caregiver's own school age children are not considered in the ratio.
- **302.8**. A licensed home may care for two (2) school age children for a short time not to exceed a total of three (3) hours per day before and/or after a school day. These two children shall not be counted in the caregiver to child ratio. School age children who are in care at times other than before and/or after a school day shall be included in the caregiver to child ratio. These same two children may stay all day in care and not be counted in the ratio due to emergency school closings, such as inclement weather. The home's capacity shall not be exceeded other than the above stated exceptions. If the attendance exceeds 10, fire approval is required.
- **302.8**. Additional staff provisions shall be made for enrollment of children with disabilities who require individual attention.

#### **302.10 Infants**

- 1. Homes specializing in infant care shall maintain a 1:3 ratio.
- 2. Homes specializing in infant care shall have a Fire Department inspection and approval.

#### **303** Adults in the Home

- 1. The caregiver(s) shall provide a clear statement regarding the presence of any other adults 18 years of age and above who remain in the home during any hours in which care is being given. Such persons shall not present a threat to the safety or welfare of children.
- 2. The home shall have additional staff when there are persons in the home who require constant or routine care.
- 3. Any adult(s) in addition to the caregiver(s) present in the home on a regular basis while children are in care shall provide an annual tuberculin test verifying that the adult is free from TB.

#### 400 PROGRAM AND ACTIVITIES

#### 401 Program

- 1. There shall be a written daily schedule, available for review by parents and Licensing staff, which includes age-appropriate activities.
- 2. The caregiver(s) shall not engage in activities or experiences which may be damaging to children's self esteem and positive self-image.
- 3. There shall be an opportunity for a supervised rest period that shall not be scheduled to exceed two (2) hours.
- 4. There shall be a minimum of 1 hour per day of outside play unless prevented by weather.
- 5. Indoor activity equipment shall be adequate for the number and ages of children in the home to meet their physical and developmental needs.
- 6. Children shall have a variety of toys, books, and creative materials. This includes equipment for:
  - a. Large muscle activities (such as climbing and running)
  - b. Manipulative activities (such as things done with the hands)

## 401.10 Infants and Toddlers: Additional Program Requirements

- 1. Infants shall be carefully supervised at all times.
- 2. Stimulation shall be given an infant in a variety of ways. Caregivers shall offer nurturing, responsive care in addition to the routine care of diapering and feeding.
- 3. Infants shall be taken outside for a period of time every day, unless prevented by weather or special medical reasons.
- 4. If a child falls asleep while in a walker, swing, high chair, etc., that child shall be placed in appropriate sleep equipment (see Section 901).
- 5. Infants and toddlers shall have clean, safe, washable toys. Toys or materials used by younger children shall not be small enough to be swallowed.

# 401.20 School Age Children: Additional Program Requirements

- 1. School age children shall be provided with a choice of indoor and outdoor activities.
- 2. A quiet time and a private place with appropriate equipment shall be provided for one-person activities, including resting or homework. (A supervised rest period as required by 401.2 does not apply to school-age children.)
- 3. Permission from parents shall be on file for school age children to leave the home.

- a. School age children who leave the home to participate in classes, clubs, or other activities shall have written permission from the parents naming the activity, time of leaving and returning and method of transportation to the activity.
- b. Permission for regularly scheduled activities such as scouting may be given for the entire school term.

#### 401.30 Evening and Night Care: Additional Program Requirements

Night care is defined as any care provided after midnight.

- 2. There shall be a plan for evacuating children to safety in case of fire or emergency.
- 3. Children arriving in the daylight hours shall have outdoor play, weather permitting. Older children shall have time for reading or doing homework during the school year.
- 4. Homes with only one caregiver shall limit care to no more than two shifts (18 hours) per

  24 hour period. Homes offering 24 hour care shall provide a schedule verifying that they

  have made provisions for a secondary caregiver to provide relief care for one shift.

  (Alternative compliance may be requested by caregivers who provide 24 hour care and

  who do not have a secondary caregiver. For this request to be approved, consideration will

  be given to the overall level of compliance with licensing requirements and to the number

  children in care during the third shift.
- 5. Evening meals shall be served. The home shall ensure that children spending the night are served breakfast.
- 6. Drinking water shall be available to children during the night.
- 7. Bathing facilities shall be available. Hot water shall be available. Children shall not take baths together or share the same bath water. Tubs or showers shall be cleaned after each use. Children shall be given fresh washcloths and towels. Preschool children shall never be left alone when bathing. Privacy shall be ensured for school age children.
- 8. Children in night care shall be given a bed or cot with mattress or pad and a pillow.
  - a. If linens become soiled, they shall be changed. Protective mattress covers shall be used and washed at least weekly.

- b. Each child's bed or cot shall have a cover available.
- c. Beds or cots shall be arranged at least one foot apart.

#### 500 BEHAVIOR GUIDANCE

- 1. Use of behavior guidance shall show that the caregiver understands each child's needs and shall promote self-discipline and good behavior.
- 2. Acceptable behavior guidance techniques include:
  - a. Look for appropriate behavior and reinforce the children with praise and encouragement when they are behaving well
  - b. Remind the children on a daily basis of the rules by using clear positive statements of how they are expected to behave rather than what they are not supposed to do
  - c. Attempt to ignore minor inappropriate behaviors and concentrate on what the child is doing properly
  - d. Use brief supervised separation from the group only when the child does not respond to a verbal command which instructs the child as to how he or she is supposed to behave
  - e. When a misbehaving child begins to behave appropriately, encourage and praise small positive steps rather than waiting until the child has behaved for a long period of time
  - f. Attend to the children who are behaving appropriately and other children will follow their example in order to obtain your attention
  - g. When the entire group is behaving well, reward them with an activity they enjoy
- 3. Physical punishment shall not be administered to children.
- 4. The length of time a child is placed in time-out shall not exceed one minute per year of the child's age.
- 5. The following activities are unacceptable as behavior guidance measures and shall not be used. These include but are not limited to:
  - a. Shaming, humiliating, frightening, physically or mentally harming children
  - b. Labeling children negatively
  - c. Associating punishment with rest, toilet training or illness
  - d. Denying food (lunch or snacks) as punishment or punishing children for not eating.
  - e. Restraints (Restraining a child briefly by holding the child is allowed when the child's actions place the child or others at risk of injury.)
  - f. Harsh treatment
  - g. Washing mouth with soap
  - h. Taping or obstructing child's mouth
  - i. Placing unpleasant or painful tasting substances in mouth, on lips, etc.

- j. Verbal abuse/abusive language
- k. Isolation without supervision
- 1. Placing child in dark areas
- m. Inflicting physical pain, hitting, slapping, pinching, pulling hair, kicking, twisting arm, biting or biting back, spatting, swatting, etc.
- n. Yelling (This does not include a raised voice level to protect a child from the risk of harm.
- o. Forced physical activity such as running laps, doing push-ups, etc. (This does not include planned physical education activities that are not punitive in nature)
- 6. Behavior charts, if used, should be used to encourage positive behavior. Behavior charts shall record only the child's behavior for the current day and shall not be punitive. (Behavior charts used to record only positive behavior may be maintained on a weekly basis.) The child's age and level of understanding should be considered when using behavior charts

#### 500.10 Infant and Toddler

Time out shall not be used with children under the age of two (2). The only acceptable form of behavior guidance with infants and toddlers shall be redirection. (Brief separation from the group is acceptable when the child's behavior places the child, or others, at risk of harm. The child may be placed in a supervised area away from the group or in a crib or playpen while the caregiver attends to the situation. Example: A child who has bitten another child would be removed from the group, briefly, while the caregiver attends to the bitten child.)

#### 600 RECORDS

- 1. All employee, child and home records shall be kept and made available to the Child Care Licensing Unit on request. All required records shall be maintained for 3 years. (This includes records on children no longer enrolled.)
- 2. Licensing compliance forms (DCC-521) shall be maintained at the facility for 3 years. The facility shall advise parents in writing that the compliance forms are available for review upon request.

#### 601 Children's Records

Enrollment information shall be obtained for each child before admission.

### 1. Identifying and Personal Data shall include:

- a. Child's name, birth date, home address, and telephone number
- b. Name and addresses of the parents and telephone numbers where the parents can be reached while the child is in care
- c. Date of enrollment in facility

- d. Name, address and phone number of person to be contacted if parents cannot be reached
- e. A written behavior guidance policy provided to parents, with a copy signed by the parents and retained by the caregiver

#### 2. Medical Records shall include:

- a. The name, address and telephone number of the child's physician or emergency medical care facility
- b. Pertinent past medical history on the child and any change in health
- c. Child's unusual food needs such as special formulas, diabetic diet, or food allergies
- d. Notes of special problems (such as allergies to medication or sunburn sensitivity) or needs as indicated by the parents
- e. An authorized record of up-to-date immunizations or documentation of a religious or medical exemption from the Arkansas Department of Health (The caregiver shall maintain a roster of children who have not completed the minimum immunization requirements. A current immunization schedule is provided as an insert in this publication.)
- f. Written record of accidents/injuries

#### 3. Permissions and Agreements will be signed by the parents and caregiver(s):

- a. Consent for emergency medical care and transportation for such care which shall accompany children who are transported to and from the home
- b. Other transportation permission, if any, including routine and special field trips
- c. Permission to participate in water activities, if any
- d. Signed statement by the parent stating who is authorized to pick up the child

#### 602 Caregiver Records

- 1. Caregiver records shall contain the following:
  - a. An employee application for secondary caregivers, including name, date of birth, address and telephone number
  - b. TB skin test
  - c. Documentation of training for continuing education
  - d. Documentation of the initiation of all required background checks and results obtained.

#### **603** Facility Records

- 1. Fire Department approval, if applicable
- 2. Arkansas State Department of Health approval, if applicable
- 3. Record of routine emergency drills, including date, time of day, length of drill and number of children participating

- 4. Pet vaccinations
- 5. Attendance records on all children

#### 700 FOOD SERVICE AND NUTRITION

#### 701 Food Service

- 1. A home licensed for eleven (11) or more children, if food is prepared for the children in the home, shall provide a current verification of approval by the Arkansas Department of Health, Sanitation Services.
- 2. All licensed homes shall meet the following:
  - a. All food shall be safe and stored properly to prevent spoiling
  - b. Shall have refrigerator with thermometers visible and shall be maintained at 40 degrees or below. (Freezer thermometer shall be maintained at 0 degrees or below)
  - c. Food shall not be stored under sinks
  - d. Food shall be stored in original container or in a closed container
  - e. Chemicals and toxins shall not be stored in food storage area
  - f. All medicines shall be stored separately from food at all times
- 3. All food and drink shall be prepared, distributed and served under sanitary conditions and the following shall be met:
  - a. Caregivers shall wash hands before preparing food
  - b. There shall be a two-compartment sink with hot and cold running water
  - c. Individual drinking glasses or disposable cups shall be provided
  - d. All surfaces shall be kept sanitary
  - e. Food left uncovered or handled shall not be reused
  - f. When dishes are washed by hand, they shall be sanitized with a bleach solution
  - g. Drinking water and water used for the preparation of formula shall not come from the hot water supply. (Water from hot water systems may contain higher levels of lead and other substances which could be harmful to small children.)

#### 702 Nutrition

- 1. Breakfast, if served, lunch and evening meals shall each meet current U.S. Department of Agriculture guidelines, including portion size. (See Appendix A) If sack lunches are utilized, the home shall ensure that these also meet U.S. Department of Agriculture guidelines by supplementing the lunches if necessary. Milk shall be served to each child during the day. Exceptions may be made for children who suffer allergies to milk.
- 2. Breakfast shall be made available to children who arrive before 7:00 a.m. Breakfast may

be served to all children rather than a morning snack provided there is no more than 3 hours between breakfast and lunch.

- 3. Midmorning and mid-afternoon snacks shall be provided to all children and shall meet current U.S. Department of Agriculture guidelines (See Appendix A).
- 4. All children in care during evening hours shall be offered an evening snack. Children in care during evening hours shall be served supper and children spending the night shall be served breakfast unless provided by parent or school.
- 5. Children shall not be forced to eat.

#### 702.10 Infant and Toddlers

- 1. The routine\_use of baby food, bottles and formula shall be agreed upon by the caregiver and parent. Instructions regarding special needs for food, bottles and formula, such as food allergies, shall be obtained in writing from the parent and followed by the caregiver (See Appendix B).
- 2. Feedings for all children up to twelve (12) months of age shall be documented by the caregiver and available for review by the parent. This documentation shall continue for all children older than twelve (12) months of age who are still being given bottles.
- 3. Children shall not share the same bottle. A sanitary method of cleaning baby bottles shall be practiced. Baby bottles shall be properly refrigerated.
- 4. Infant feeding schedules shall be flexible and adapted to each infant's needs.
- 5. The solid foods fed to an infant shall be determined by the child's parent (s).
- 6. Infants under six months of age shall be held while being fed. Bottles shall not be propped. Infants six months of age or older shall be held if needed.
- 7. Infants no longer held for feeding shall either sit in low chairs at low tables or in infant seats with trays, or in high chairs with wide bases. Safety straps shall be used with high chairs.

#### 800 BUILDINGS AND GROUNDS

#### **801 BUILDINGS**

1. The home's building, grounds, and equipment shall be clean, kept in good repair, and maintained as needed to protect the health and safety of the children. If the home has sustained structural damage the caregiver shall immediately notify the Child Care Licensing Specialist.

- 2. There shall be at least 35 square feet of usable indoor space for each child in the home. This area shall not include kitchens, bathrooms, hallways or closets.
- 3. The home shall have a working telephone.
- 4. Light, heating, cooling, and ventilation of the home shall be adequate for safety and comfort.
- 5. Windows and/or doors used for ventilation shall be screened.
- 6. Manufactured homes, licensed as Child Care Family Homes, shall be tied down and under-pinned as required by the Arkansas Manufactured Home Commission. The home shall obtain an inspection and approval from the Arkansas Manufactured Home Commission prior to being licensed.
- 7. An annual fire approval shall be obtained on all manufactured homes licensed as Child Care Family Homes.

#### 802 GROUNDS

To provide the safest possible playground environment, you are encouraged to meet Consumer Product Safety Commission's guidelines listed in their "Handbook for Public Playground Safety". However, the following are minimum requirements and shall be met.

Please note that these requirements do not mandate the use of any large and/or permanently anchored pieces of playground equipment that require fall zones. Numerous options for suitable playground environments are available and acceptable. For information on playground options, contact your Licensing Specialist.

#### 803 Layout and Design

- 1. The play area shall be enclosed and provide at least 75 square feet per child present on the playground at any time.
- 2. There shall be an outside exit from the play area.
- 3. The area shall be well drained.
- 4. There shall be equipment and activities appropriate for the ages and number of children using the playground.
- 5. Children shall be supervised by an adult caregiver when outdoors.

#### **804** General Hazards

- 1. The area shall be free of hazards or potentially hazardous objects.
- 2. Equipment which is designed to be anchored shall be properly anchored so that the anchoring devices are below ground level.
- 3. Sand for playing shall be kept safe and clean.
- 4. Paint on equipment shall be lead free.
- 5. All fasteners, including S-hooks, shall be securely tightened or closed.
- 6. There shall be no sharp points, corners, edges, or splinters.
- 7. The only trampolines allowed shall be mini-tramps used under direct supervision
- 8. To prevent entrapment, there shall be no opening(s) between any interior opposing surfaces between 3.5 and 9 inches. (Openings in equipment that might allow a child's body to pass through, but not their head.) Ground bounded openings are exempt.
- 9. Balance beams higher than 12 inches shall have fall zones.

#### 805 Slides

Slides shall not have any spaces or gaps between the platforms and the slide surface

# 806 Swings

- 1. The following swings shall not be used for any ages:
  - a. Multi-occupancy swings designed to hold more than one child, except tire swings
  - b. Animal figure swings
  - c. Free swinging ropes (Tarzan ropes)
  - d. Swinging exercise rings
  - e. Trapeze bars.
- 2. There shall be no wood or metal swing seats.
- 3. Toddler swings shall provide support on all sides if seat is above 12" from the ground.

#### 807 Climbing Equipment

1. Free standing arch climbers exceeding 4 feet in height shall not be used

for preschoolers.

- 2. Flexible grid climbing devices, such as rope or chain ladders, climbing ropes, etc., shall be securely anchored at both ends.
- 3. Preschoolers shall not use sliding poles.
- 4. Sliding poles shall have no protruding welds or seams along the sliding surface, and the pole shall not change directions.

# 808 Merry-Go-Rounds

The only merry-go-rounds allowed are portable merry-go-rounds not designed to be anchored and they shall have handgrips or other secure means of holding on

#### 809 Seesaws

- 1. Seesaws without spring centering devices shall have shock absorbing materials, such as partial tires embedded in the ground underneath the seats or secured to the underside of the seats.
- 2. Hand holds shall be provided for both hands at each seating position and shall not turn when grasped.

#### 810 Fall Zone/Surfacing

- 1. There shall be fall zones and surfacing under and around equipment that is over 24" in height at the highest accessible point. (The highest accessible point is defined as the surface on the piece of equipment where children would sit or stand when the equipment is being used as intended.) Swings require fall zones and surfacing regardless of height. (Toddler swings equipped with safety straps are exempt from this requirement, provided their use is closely supervised.)
- 2. Fall zones shall extend a minimum of 6' in all directions (unless otherwise specified) from the perimeter of the equipment. Exceptions may be granted for structures that have protective barriers in place.
  - a. Structures over 2' and under 3 ½ ' at the highest accessible point shall have a minimum surfacing material depth of 6".
  - b. Structures 3 ½ 'up to 5' at the highest accessible point shall have a minimum surfacing material depth of 9". (Shredded tires or other shredded or chopped rubber products shall have a minimum depth of 6".)
  - c. Structures 5' and taller at the highest accessible point shall have a minimum surfacing material depth of 12". (Shredded tires or other shredded or chopped rubber products shall have a minimum depth of 6".)

3. Shock absorbent material such as sand, pea gravel, wood chips, wood mulch, shredded tires, etc. shall be used in fall zone areas under and around playground equipment which require a fall zone.

(When purchasing gravel, care should be taken to insure that the gravel is actually pea gravel that is smooth and rounded and not crushed rock or sharp gravel. Crushed rock and sharp gravel will not be approved.)

Pea gravel used for fall zones shall not be over ½ inch in diameter.

- 4. Hard surface materials such as asphalt and concrete, shall not be used as base surfaces in the fall zones except under commercial matting or other systems/products designed to be installed over hard surfaces.
- 5. SLIDES: The fall zone for slides measuring 6 feet or over, measured from the platform to the ground shall extend 10 feet from the exit end of the slide. Fall zones for slides measuring under 6 feet from the platform to the ground shall extend 6 feet from the exit end of the slide
- 6. SWINGS: The fall zone for single-axis swings (standard swings) (except toddler swings) shall extend to the front and the rear of the swing a minimum distance of two times the height of the pivot point (where the chain attaches to the frame) above the playing surface. The fall zone for toddler swings shall extend to the front and rear of the swing a minimum of two times the distance from the pivot point to the swing seat. (Note exemption listed in #4 above.) Fall zones shall also extend six feet to the sides of the swing set.
- 7. SWINGS: The fall zones for multi-axis swings (such as tire swings or others with three or more suspending chains) shall extend in all directions a minimum of six feet plus the height of the suspending rod or chain.
- 8. Fall zones shall be free of obstacles onto which children may fall.

# 900 SLEEPING AND TOILETING ARRANGEMENTS

# 901 Sleeping Arrangements

- 1. Each child under twelve (12) months of age shall have a separate well-constructed baby bed or play pen with a waterproof mattress or pad which shall be clean, dry, and in good condition. Sheets and covers are required and shall be kept clean and dry. Bassinets shall not be used.
- 2. Waterbeds shall not be used for sleeping children under the age of two (2) years.
- 3. The following guidelines shall also be required for cribs:

- a. Cribs that have end panels with decorative cutout areas shall not be used
- b. Mattresses shall fit snugly in the crib. The space between crib and mattress shall measure no more than 1 inch
- c. Corner posts shall be the same height as end panels
- d. End panels shall extend below mattress at the lowest position of the mattress
- e. Baby beds shall have slats no greater than 2 3/8" apart
- 4. Each child twelve (12) months of age or older shall have a cot, bed, pallet, or mat which shall be placed at least one foot apart. Sheets and covers are required. Bedding shall be of washable material and shall be kept clean. If mats or pallets are used on floors, floors shall be clean, warm, dry and draft free. Any mat or pallet less than two (2) inches thick shall be placed on carpet.
- 5. Doors in rooms where children are sleeping shall remain open.

Recommendation: Care should be taken to insure that loose bedding material, such as pillows, blankets, etc., are kept away from the faces of sleeping infants. Infants should be placed on their backs to sleep unless there is a medical reason not to do so. These precautions are intended to lessen the risk of suffocation and Sudden Infant Death Syndrome.

# **902** Toileting Arrangements

- 1. At least one commode and one sink shall be made available for the children's use. Potty seats may be used by the younger children if emptied, cleaned and disinfected after each use. Potty seats shall be located in the bathroom only.
- 2. Toilet tissue shall be located within reach of the children when toileting.
- 3. Individual cloth towels or paper towels shall be available for each child.
- 4. Caregiver's and children's hands shall be washed with liquid soap before meals, after toileting, after each diaper change, and as needed.
- 5. The home shall use a diaper-changing surface that is sanitized after each—use.
- 6. Soiled or wet diapers shall be removed, disposed of properly, and replaced with clean, dry diapers. The caregiver shall ensure that children are properly cleaned and dried.

# 903 Toilet Learning

- 1. The caregiver shall assist children in toilet routine and hygiene practices.
- 2. The following methods shall not be used in toilet learning:
  - a. Placing the child on toilet or potty chair for prolonged time periods

- b. Using harsh language
- c. Punishing or berating in any way for soiling clothing
- d. Using physical force to place child on a toilet or potty chair against their will
- e. Leaving child unsupervised on toilet

#### 1000 HEALTH

#### 1001 General

- 1. The home shall have an adequate supply of water that meets the standards for drinking water of the Arkansas Health Department.
- 2. Water shall always be available to the children.
- 3. Garbage shall be kept in a closed container out of children's reach.
- 4. All garbage, soiled diapers and trash shall be removed from the home daily and grounds at least once a week.
- 5. The home shall be free of insects and rodents.
- 6. Waste and sewage disposal and toilet facilities shall be safe and sanitary. The Health Department may be consulted for its recommendation.
- 7. Smoking should be limited to hours when children are not in care. The home shall disclose to parents whether smoking occurs in areas where children are in care.
- 8. First-aid materials are required and shall be kept out of reach of children. A first aid kit containing medications shall be locked. The first-aid materials shall include:
  - a. Adhesive band-aids (various sizes)
  - b. Scissors
  - c. Sterile gauze squares
  - d. Roll of gauze bandages
  - e. Adhesive tape
  - f. Antiseptic
  - g. Thermometer
  - h. Tweezers
  - i. Disposable gloves
- 9. There shall be no adult in the home who poses a health risk to children in care.

#### 1002 Children's Health

1. No child shall be admitted who has a contagious or infectious disease. Parents and guardians shall be notified to pick up the child if the child exhibits any of the symptoms listed below:

- a <u>Fever</u>: a body temperature of 101 or greater (Recommendation: Infants, six months of age or under, who have a temperature of 100 or greater should be excluded)
- b. <u>Diarrhea</u>: three (3) or more watery stools in a 24-hour period
- c. <u>Vomiting</u>: vomiting on two or more occasions within the past 24-hour period
- d. <u>Rash</u>: body rashes, not obviously associated with diapering, heat or allergic reactions to medications
- e. Sore throat: if associated with fever or swollen glands in the neck
- f. <u>Severe coughing</u>: episodes of coughing which may lead to repeated gagging, vomiting or difficulty breathing.
- g. <u>Pink eye</u>: pink or red eye(s) which may be swollen with white or yellow discharge, until on antibiotics for 24 hours.
- h. <u>Untreated scabies, head lice or the presence of nits</u>: may return after first treatment and removal of nits.
- i. <u>Multiple sores inside mouth with drooling:</u> unless health care provider determines the condition is non-infectious.
- j. <u>Ringworm:</u> a fungal infection of the scalp or skin: may return after evaluation and under treatment by a health care provider.
- k. <u>Impetigo</u>: may return 24 hours after treatment is initiated.
- 2. Illness in the home shall be handled to protect all children in care.
- 3. In case of critical illness or injury, and if the parents cannot be reached, the physician named by the parent shall be called. If necessary, the child shall be taken to the nearest emergency room. Injuries that require the attention of medical personnel shall be reported to the parent immediately.
- 4. In case of critical illness or serious injury that requires the attention of medical personnel the Child Care Licensing Specialist shall be notified within one business day.
- 5. The caregiver shall notify the child's parents of significant events that affect the children. This shall include, but not be limited to:
  - a. Cases of serious contagious disease shall be reported to the parents of all the children in care
  - b. Any injury incurred by a child.
- 6. The communicable diseases listed in Appendix B, whether suspected in a child or adult, shall be reported with 24 hours to either the local County Health Unit or the toll free Reporting System (800-482-8888). Immediate notification is recommended for the following:
  - a. Hepatitis
  - b. Rash illness (including \*MEASLES & RUBELLA)
  - c. WHOOPING COUGH (Pertussis)
  - d. MENINGITIS
  - e. MUMPS

- f. Tuberculosis
- g. Salmonellas (including typhoid)
- h. E-coli

# 7. Reporting data should include:

- a. The reporter's name, location and phone number
- b. The name of the disease reported and the date of onset
- c. The patient's name, address, phone number, age, sex and race (Please spell the patient's name)
- d. The attending physician's name, location and phone number
- e. Any pertinent clinical and laboratory information used in the diagnosis (Please give the laboratory name
- f. Any treatment information, if known
- 8. Within 15 days of enrollment of a child, the home shall verify that the child has been immunized as required by Arkansas Department of Health or the child cannot remain in care. (Arkansas Code 20-78-206 as amended by Act 870 of 1997-- a current immunization schedule is provided as an insert in this publication).
- 9. Children shall be protected from overexposure to the sun. Sunscreen shall be used if needed and as directed by the parent. Suntan lotions and/or sunscreens used for infant/toddlers and pre-school children shall be kept out of the children's reach and shall be administered only with written parental permission. (Blanket permission may be obtained annually.)

#### 1003 Medications

- 1. Prescription medicine shall be in the original container and labeled with the child's name, a recent date, instructions, and the physician's name.
- 2. All non-prescription medicine (except aspirin substitutes, such as ibuprofen and acetaminophen) shall be labeled with the child's name and dated.
- 3. All medicines shall be given a child only with the written permission of the child's parent(s) or guardian.
- 4. Medicines shall be kept in a locked area. Medicine shall be kept out of the reach of the children when dispensing.
- 5. Medication shall be disposed of when a child withdraws from care or when the medication is out of date

#### **1004** Phone Numbers Required:

The following numbers shall be available in the immediate area of the telephone:

- 1. Ambulance service or emergency medical services
- 2. Police or sheriff's department
- 3. Fire department
- 4. Poison Control Center 1-800-376-4766
- 5. Child Abuse Hotline Number 1-800-482-5964
- 6. The physicians named by the parents
- 7. The Child Care Licensing Unit Central Office number: (501) 682-8590 or toll free 1-800-445-3316
- 8. Home and business numbers of the parents

#### 1005 Pets

Pets with which children have contact shall receive vaccinations as required by law. Verification of vaccinations administered by a licensed veterinarian shall be maintained. Any pet that constitutes a threat to the welfare and safety of the children shall be kept in a confined area which prevents any contact with the children.

# 1100 FIRE AND SAFETY1101 Safety

- 1. Licensed homes shall maintain a log of all child products recall and safety notices issued by the Attorney General's Office and shall post or otherwise make these notices available for parents to review. The licensee shall certify, on an annual basis, that these notices have been maintained and reviewed and that any identified items have been removed from the facility. Forms for self-certification will be provided by the Licensing Specialist and shall be submitted annually. (Act 1313 of 2001)
- 2. Electrical outlets shall be guarded. Protective caps, if used, shall be large enough to prevent swallowing.
- 3. Indoor or outdoor cooling or heating units shall have guards or barriers when necessary. All outdoor electrical boxes, gas lines, and exposed electrical cords shall be enclosed.
- 4. Stairways shall be well lighted and guarded as needed.
- 5. Dangerous equipment and/or objects shall be stored away from areas used by the children.

- 6. All detergents and cleaning supplies shall be kept out of the reach of children. (This does not include hand soap in children's or staff bathrooms.) Supplies used for children's activities shall be carefully supervised.
- 7. All poisonous substances shall be kept in a locked area.
- 8. Guns shall be unloaded. Guns, other weapons, and ammunition shall be stored in a locked area in the home.
- 9. Tanks, ponds, swimming pools, open wells, drainage ditches and sewage drainpipes shall be fenced if located within the play area.
- 10. Home swimming pools shall not be used by children in care unless permission is obtained from Child Care Licensing through an alternative compliance request. This request must include written approval from the Arkansas Department of Health for the use of the pool by children in care. (Home swimming pools used by children in care are considered semi-private pools by the Department of Health and approval for these pools inspection during the construction phase. Obtaining approval for existing pools is usually
- 11. Wading pools shall not be used by children under two years of age.
- 12. Alcoholic beverages shall be kept out of reach of children.

#### 1102 Fire

Please note that National Fire Safety Code 101 does not allow the use of basements or floors above ground level by children, first grade and younger, unless there is a ground level exit. Waivers or exceptions to this code must be obtained in writing from the State Fire Marshal's Office prior to using these spaces.

- 1. A home caring for eleven (11) or more children at any time (this does include school age children not counted in the ratio) shall provide verification of an approved annual Fire Department inspection.
- 2. The caregiver shall have a written policy and procedure for fire and tornado drills. All caregivers shall know all emergency plans. Any specific information on area hazards and approved safety procedures, (e.g., Earthquake drills, Nuclear Plant accident evacuation, Toxic Chemical Spill evacuation, etc.) should be obtained from the State Office of Emergency Services.
- 3. One fire drill **AND** one tornado drill shall be conducted on a monthly basis and documented, noting the date, time of day, number of children, and length of time taken to reach safety.
- 4. A Fire extinguisher with a minimum of 5 lb. ABC rating shall be installed in the kitchen

- area of the home and shall be properly maintained. Caregivers shall know how to operate the extinguisher.
- 5. A working smoke detector shall be installed near the kitchen area and in children's sleeping areas.
- 6. The home shall be maintained to be free from fire hazards at all times. The Child Care Licensing Specialist shall consult with the local Fire Department OR the State Fire Marshal when it appears hazards exist.
- 7. The structure and use of the home shall permit easy entry and exit and shall comply with the following:
  - a. A home with more than one level shall have second exits on all levels used by children
  - b. A home shall have at least two exits to the outside located on different sides of the home
  - c. Doors opening to the outdoors shall be constructed so the children can open them easily from the inside
  - d. Doors between rooms in the exit route shall not be locked while children are in the home
  - e. Doors and pathways shall be clear of equipment that blocks the movement of children and caregiver(s)
- 8. Wood-burning stoves, or gas logs, fireplaces, open flame space heaters, hot water heaters, floor furnaces or other sources of heat shall be guarded and/or vented when necessary for the protection of the children.
- 9. Cooking stoves or ovens shall not be used as a heating source in the home.
- 10. Portable heaters shall not be placed within reach of children and shall be approved UL listed products.
- 11. The licensee shall notify the Child Care Licensing Specialist of any fires causing damage to the home. This notification shall be made no later than the end of the following working day.

# 1103 Transportation

- 1. Any person transporting children shall be at least 18 years of age and have a valid driver's license as required by state law.
- 2. The vehicle shall be licensed, insured and maintained in proper working condition.
- 3. The driver may be counted in the staff/child ratio, but shall not be the only adult present when more than 10 children age 3 and above are transported.
- 4. Any child transported in a passenger automobile, van or pick-up truck, who is less than 6

years old and weighs less than 60 pounds, shall be restrained in a child passenger safety seat. Any child who is at least 6 years old, or weighs at least 60 pounds, must be restrained by a safety belt or any other approved safety devices. {Act 470 of 2001}.

- 5. The loading and unloading of children from vehicles shall be conducted in a safe manner.
- 6. There shall be a seating space and an individual, appropriate restraint system provided for each child being transported.
- 7. Rosters listing the date, names and ages of all children being transported as well as the name of the driver and any other staff member on the vehicle shall be maintained. These rosters shall be used to check children on and off the vehicle when they are picked up and dropped off at home, school, etc. and when they arrive at and leave the licensed home.

  Transportation rosters shall be kept by the facility and available for review for three one year.
- 8. To insure that no children are left on the vehicle, the driver <u>or a staff member</u> must walk through the vehicle and physically check each seat before leaving the vehicle. The transportation roster must be signed by the driver, <u>or staff who conduct the walk through inspection</u>, documenting that all children have exited the vehicle.
- 9. To insure that children have safely arrived in the appropriate classroom, the transportation roster shall be reviewed by the Director or designee and compared with classroom attendance records. The Director or designee shall sign off on the transportation roster to verify that all children have safely transitioned from the vehicle to the classroom.

#### 1103.10 Infants and Toddlers

1. A vehicle transporting children under the age of 36 months shall maintain a ratio of one adult to 3 children.

# **APPENDIX C:** List of Reportable Diseases

The following are the more common <u>reportable</u> diseases, which occur with moderate frequency in Arkansas:

gonorrhea salmonellosis (including typhoid)
hepatitis (A, B, Non-A, Non-B
unspecified and results of serologies) syphilis
rash illnesses (including \*MEASLES,
& RUBELLA) MUMPS
tuberculosis

\*WHOOPING COUGH (pertussis) MENINGITIS

The following are less common reportable diseases that occur with low frequency in Arkansas:

\*AIDS (Acquired Immune Deficiency \*Leprosy

Syndrome) Amebiasis ANTHRAX

\*Aseptic Meningitis Blastomycosis BOTULISM

\*Brucellosis

Campylobacter Enteritis

Chancroid CHOLERA

Coccidioidomycosis
\*Congenital Rubella Syndrome

DIPHTHERIA
Encephalitis (all types)

FOOD POISONINGS (all types)

Giardiasis

Gonococcal Ophthalmia Granuloma Inguinale \*Guillain-Barre Syndrome

Histoplasmosis

HIV (Human Immune Deficiency

Virus by name & address)

\*\*Influenza

\*Kawasaki Disease

\*Legionellosis

\*Leptospirosis
\*Lyme Disease

Lymphogranuloma Venereum

\*Malaria

\*Meningitis, <u>Hemophilus</u> Influenza Type B

\*Meningococcal infection

Mumps

**Pesticide Poisoning** 

PLAGUE

\*POLIOMYELITIS
\*Psittacosis (Ornithosis)

Q Fever RABIES

\*Relapsing Fever \*Reyes Syndrome Rheumatic Fever

\*Rocky Mountain Spotted Fever

SMALL POX \*Tetanus

\*Toxic Shock Syndrome

Toxoplasmosis
\*Trichinosis
\*Tularemia

TYPHUS FEVER/YELLOW FEVER

# The diseases in capital letters are to be brought to the immediate attention of the State Epidemiologist when suspected.

# Reporting data shall include:

- a) Names & location of reporting person
- b) Disease or suspected disease and date of onset
- c) Name, age, sex, address and phone number of patient (please spell patient's name)
- d) Name of patient's physician

The following diseases are also of public health importance and should be reported whenever there is an unusual incidence or outbreak (including seasonal). It is necessary to report: (1) physician's name and location (2) the suspected disease (3) the number of cases and interval during which the cases were seen:

Acute respiratory disease Chicken pox

Hospital acquired infections Infectious Mononucleosis

<sup>\*</sup>The reporting physician will be contacted for additional information.

<sup>\*\*</sup>Individual cases to be reported <u>only</u> when laboratory testing has determined the viral type.

Conjunctivitis Influenza (estimate number)

Dermatophytosis (ringworm) Pediculosis Enteropathogenic E. Coli Diarrhea Pleurodynia

Epidemic Diarrhea of unknown cause Pneumonia (bacterial, Mycoplasma, viral)

Gastroenteritis Staphylococcal-Infections
Herpangina Streptococcal Infections

The following occupational disease also shall be reported:

Asbestosis Mesothelioma

Silicosis Coal Workers Pneumoconiosis

Byssinosis

# FOR FURTHER ASSISTANCE CONTACT THE LOCAL COUNTY HEALTH UNIT.

# MARKED UP COPY **Proposed Revisions** For Registered **Child Care** Family Homes

**JULY 2004 DRAFT** 

(501) 682-8590

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# **Foreword**

Dear Applicant for Registration:

Thank you for your interest in the Voluntary Registry as a Registered Child Care Family Home. The following information is for your benefit to inform you of your rights and responsibilities as a Registered Child Care Family Home provider.

An application packet may be obtained from the Child Care Licensing Central Office or from any Child Care Licensing Specialist. It may take two to three weeks from the date you submit your application to receive a call from a Child Care Licensing Specialist who will schedule a visit to your home. During this visit, the Specialist will review the Registry guidelines with you. The Specialist will also provide technical assistance and information on resources and training opportunities that are available to you.

Every effort is made to process your application within 30 days. If your application is not approved, you will be given written notice as to the reason for the denial of your application. You may then appeal this decision if you choose or reapply at a later date. Should you choose to appeal the decision, additional instructions regarding the appeal process will be provided to you by the Child Care Licensing unit.

If your application is approved, the registration will be effective from the date of issuance and will remain in effect on an ongoing basis. The registration may be revoked or suspended for repeated or severe violation of the rules and standards for Voluntary Registration as established by the Division of Child Care and Early Childhood Education. In the event that your registration is revoked or suspended, you have a right to appeal that decision.

The Registration Certificate is effective only for the name and address stated on the application and certificate. If you move or if the name of the provider changes, a new application must be submitted. Re-certification of your registration is required on an annual basis. During the annual re-certification process, it will be necessary for you to submit updated information on all household members.

<u>Please note: Arkansas law requires anyone providing care to six or more children at any time, from more than one family, to obtain a Child Care Family Home License.</u>

The following resources are available to you should you wish to participate:

The Child Care Food Program – Special Nutrition Office – 1-800-482-5850 or 501-682-8870

# **Regional Resource and Referral Programs:**

Northcentral – Batesville 1-800-737-2237 Northwest – Fayetteville 1-800-543-7564 Northeast – Jonesboro 1-800-753-5827 Central – Little Rock 1-501-664-0907

State-wide Resource and Referral Program – Little Rock 1-800-445-3316

**Voucher Program – Child Care Eligibility – 1-800-322-8176 or 501-682-8947** 

Child care is a worthwhile profession. You will be providing a much-needed service to your community and will have a tremendous and lasting impact on the development of the children in your care. Although, by caring for five or fewer children you are not required by law to be licensed, you may chose to become licensed, regardless of the number of children in care. Should you wish to become licensed, you will need to contact the Child Care Licensing Specialist who has been assigned to work with you. Your Specialist will be happy to meet with you to discuss the licensing requirements and provide you with an application packet.

If you have any questions, please call the Child Care Licensing office at 501-682-8590.

# **Department Responsibility**

The Division of Child Care and Early Childhood Education (referred to hereafter as The Division) under the Department of Human Services is directly responsible for the inspection and evaluation of all Registered Homes.

The Division has the power to establish rules, regulations, and standards for licensing/registration and operation of child care facilities. This includes all powers with respect to granting, revocation, denial, and suspension of licenses and registrations. Information regarding the appeal process is available upon request.

The owner should be aware of any applicable city or county zoning ordinances or codes or neighborhood covenants which may limit the number of children in care or impose additional safety requirements. The Division will share information on the location and status of registered homes with any city or county that requests this information.

The owner should be aware of applicable federal laws that may affect the operation of the facility. Child care programs are among the public accommodations that must comply with the Americans with Disabilities Act. (ADA).

Under federal civil right laws, a facility may not discriminate on the basis of race, color, sex, religion, national origin, physical or mental handicap, or veteran status.

The Child Care Licensing Unit will notify the applicable federal agency at any time they become aware of or are advised of violations of the federal Civil Rights Act or the Americans with Disabilities Act.

# **Application of Requirements**

To determine a recommendation for registration, the applicant's home shall be reviewed by a Child Care Licensing Specialist to determine that the home is in substantial compliance with the requirements.

Substantial Compliance means compliance with all essential standards necessary to protect the health, safety and welfare of the children attending the registered home. Essential standards include but are not limited to those relating to issues involving fire, health, safety, nutrition, and behavior management.

#### REGISTRATION PROCEDURE

- 1. Any applicant applying for Registration may contact the local Division Office or Child Care Licensing Specialist to obtain information and/or the necessary application and related forms.
- 2. <u>A pre-application consultation meeting shall be required for all applicants for registration prior to approval of the application. This meeting shall be offered within 30 days of receipt of the application.</u>
- 3. Upon receipt of a signed application the Child Care Licensing Specialist shall schedule an appointment to inspect, evaluate, and make a recommendation for consideration of registration to the Division.
- 4. The Child Care Licensing Specialist shall make unscheduled visits throughout the year to determine continued compliance of standards and to offer consultation and technical assistance.
- 5. The registration, as issued, shall apply only to the home's location at the time of registration. The registrant shall notify the Child Care Licensing Specialist's office of any change of location or ownership at which time a new study shall be conducted. Upon issuance of a registration, the registration shall remain in effect as long as compliance is maintained.
  - 6. If the Licensing Specialist finds that an applicant for a registered home meets the registration requirements or has a reasonable expectation of correcting deficiencies within specified time frames, the Child Care Licensing Specialist may recommend a provisional registration to the Division. The provisional registration shall be in effect for a period of time, not to exceed twelve months. This time frame shall be specified in the provisional registration. (The Licensing Specialist has 60 days to submit a recommendation to the Division for a provisional registration.)

7. At the time of a final determination by the Division of revocation or suspension of a registration, the Division shall specify in the order the period and terms of the action. A revocation of a registration shall be set for no less than one year but may be for a longer term as established by the Division. Related parties shall not be eligible to apply for registration for the same specified period. (Related parties are defined as immediate family members, members of Board of Directors, persons or entities associated or affiliated with, or which share common ownership, control, or common board members or which have control of or is controlled by the registrant. An immediate family member is defined as a spouse, step and in-law relationships, a child, a natural or adoptive parent, a sibling, a grandparent, a grandchild or a son or daughter-in-law.) The revocation of a registration places that registration in a null and void status. At the completion of the terms of revocation, homes wishing to be re-registered must submit a new application for registration for review and approval by the Division.

#### ALTERNATIVE COMPLIANCE

- 1. The Division may grant alternative compliance with the Minimum Standards Required for Registered Child Care Homes, if the Division determines that the alternative form of compliance offers equal protection of health, safety and welfare to children and meets the basic intent of the requirement for which the alternative compliance is sought.
- 2. The Division shall consider all requests for alternative compliance with the Registration Requirements except those requirements which are enforced by the Department of Health, Local Fire Marshal or State Fire Marshal's Office.
- 3. To request alternative compliance, the following procedure shall be initiated by the person responsible for the operation of the facility:
  - a. The applicant/registrant shall submit the request for alternative compliance in writing.
  - b. The request shall include:
    - -The specific standard for which alternative compliance is sought.
    - -An explanation of how the alternative forms of compliance is equal to, or exceeds, the requirement.
    - -Full justification and description of what the alternative compliance method will be and the method by which the facility will carry out this plan to be able to continue to provide for the health, safety, and welfare of children as intended by the requirement.
    - -The applicant/registrant shall provide clear and supportive evidence, and upon request of the Division, an expert's opinion of the effects of the health, safety and welfare of children and how it will protect through the alternative means of compliance.
- 4. A separate written request shall be submitted for each requirement for which alternative compliance is sought.

The approved alternative compliance is effective for the duration of the registration, unless

- a shorter time frame is requested or approved.
- 5. The granting of alternative compliance for a requirement shall in no way constitute a precedent. If an alternative means of complying with the requirement is granted by the Division and the facility fails to implement satisfactorily this alternate means, the original requirement for which alternative compliance was sought shall become immediately enforceable.
- 6. The Division shall have the right to obtain an expert opinion to corroborate that provided by the applicant/registrant.
- 7. The Division reserves the right to deny requests for alternative compliance when it finds that such request does not adequately protect the health, safety and welfare of children and does not meet the intent of the requirements.
- 8. All requests for alternative compliance shall be answered in writing by the Division.

#### 100 DEFINITION AND APPLICATION

#### 101 Definition

There are 3 types of registered homes as follows:

- 1. <u>Registered Child Care Family Home:</u> a situation in which five or less children are cared for in the caregiver's own family residence or in some other suitable family type residence.
- 2. <u>Relative Child Care Family Home: a situation in which five or less children are cared for by a relative of the child (ren).</u> The relationship must be that of grandparent, great-grandparent, aunt, uncle, sibling (residing out of the home). The registered relative may provide the child care either in his/her home or the home of the child (ren). <u>Proof of relationship must be provided.</u> The following must be provided to verify proof of relationship:
  - a. the child (ren)'s birth certificate(s)
  - b. the parent's birth certificate
  - c. marriage license of the parent (if parent's last name has changed)
  - d. marriage license of the caregiver (if last name has changed)
  - e. birth certificate of the caregiver (if the application is for an aunt or uncle)
- 3. <u>In-Home Child Care Provider:</u> an individual selected by the family to provide the day care to five or less children in the child (ren)'s own home. The In-Home Registration is not valid for child care provided outside the child (ren)'s own home
  - 4. There shall be no more than one registration issued per home/structure. (This does not apply to situations such as duplexes where two registrations could be issued to

two separate applicants.) An individual shall be eligible to hold only one registration, which shall be issued for one specified location.

- 5. <u>Homes with only one caregiver shall limit the hours of operation to no more than fourteen</u>
  (14) hours a day. Homes with two or more caregivers must provide a schedule insuring
  that no one caregiver is providing care more than fourteen (14) hours a day.
- 6. The holder(s) of the registration shall be the primary caregiver(s) and at least one shall be present and responsible for children during hours of care and shall not be otherwise employed during the hours of care. (If a qualified secondary caregiver is present, the primary caregiver may be absent for reasons related to the operation of the child care business, such as attending required training, and for brief and/or occasional absences relating to personal business or personal time off.)
  - 7. If at any time care is provided to six or more children from more than one family, the law requires the provider to be licensed. The caregiver's own <u>preschool</u> children shall be considered when determining the need for a license or registration. The caregiver's own <u>school age</u> children are not considered when determining the need for a license or registration. Other children in the home who are not accompanied by a parent are considered as being in care whether pay is received for the care or not.
- 8. Any home that has not provided care to children for a period of one year shall have the registration closed unless a written request is made by the registrant stating why closure should not take place.

# 102 Application

The primary caregiver in a Registered Home shall submit the following to complete the application process:

- 1. A completed and signed application provided by the Division, including a diagram of the home indicating rooms to be used by children in care and the location of exit doors.
- 2. A Health Card on the applicant, other caregivers and any adult(s) in addition to the care-Giver(s) present in the home on a regular basis while children are in care.
- 3. <u>Effective July 1, 2006, verification of city zoning and/or other city requirements</u>, if applicable shall be provided be any new applicants for a registration and by existing home providers requesting an increase in the license capacity. Please be advised that lists of applicants for a home registration will be provided to any city that requests this information.
- 4. A signed Authorization for Release of Confidential Information/Child Maltreatment Central Registry Check Form. Everyone living in the home age 18 and older must complete and sign this form. A check or money order for \$10.00 made out to Central Registry must be attached to each form. Children under age 18 only need to be listed

where applicable. This form must be notarized.

- 5. Criminal Record Check Form(s). Everyone in the home age 18 and older must complete a form. A check or money order for \$20.00 payable to the Arkansas State Police must be attached to each form. The form(s) must be notarized.
- 6. The registrant's Social Security Number or TIN (Tax Identification Number) shall be listed on the application. (A TIN number can be obtained by calling 1/901/546-3920 or by sending an SS-4 to the Internal Revenue Service, Memphis, Tennessee 37501. It takes approximately 4 weeks to receive the TIN).
- 7. <u>A pre-application consultation meeting shall be required for all applicants for a registration prior to the approval of the application. This meeting shall be offered within 30 days of receipt of the application.</u>

#### 103 APPEAL OF REGISTRATION ACTIONS

- 1. A registrant or applicant for registration may request to appeal any of the following registration actions:
  - a. Adverse registration actions (revocation of the registration or denial of an application for registration)
  - b. Founded registered complaints
  - c. Cited noncompliance with the published standards
- 2. An appeal may be initiated on any of the above actions by requesting an appeal in writing to the Licensing Specialist or Licensing Supervisory Staff. Requests to appeal adverse Registration actions must be mailed within ten (10) calendar days of the receipt of the notice of the adverse action. Requests to appeal registration actions, other than adverse, must be mailed within twenty (20) calendar days from receipt of the notification of the action. The request to appeal shall include a statement of the action(s) taken by the Division and the reason(s) the registrant or applicant for registration disagrees with that action. The request to appeal will be reviewed by the Licensing Supervisor and the Licensing Administrator. If the appeal is not resolved to the satisfaction of the or applicant for registration, the matter will be referred to the Child Care registrant Appeal Review Panel for hearing. (Additional information regarding the appeal procedures and the Child Care Appeal Review Panel is available on request.)

# 104 Registration Investigations

Child Care Licensing staff shall have access to Registered Homes for the purpose of conducting inspections, reviews, and complaint investigations. **Denial of access** to the home or denial of the right to interview children in care or other individuals present during hours of care may result in adverse action against the registration.

#### 105 Child Maltreatment Record Checks

1. The following persons shall be required to have their background reviewed through an Arkansas Child Maltreatment Central Registry Check:

a. Each applicant At application and every

two years thereafter

b. All household members who are at least 18 years of age

At application, upon residency, and every two

years thereafter

c. Employees and applicants for employment in a registered home

At application or within 10 days of hire and

every two years thereafter

d. All volunteers who have access to children in the home

At application and every two vears thereafter

2. The Division has the authority to review and consider each true (founded) report of child maltreatment received from the Central Registry. The Division shall retain the authority to deny the applicant or revoke the registration.

- 3. All caregiver(s) are mandated reporters under the Child Abuse law. The caregiver shall notify the Child Maltreatment Hot Line number at 1-800-482-5964 when there is a reason to believe that a child has been abused or neglected. (AR Code Annotated 12-12-501 et seq.)
- 4. If a complaint of child maltreatment is filed against any registrant or persons in the home, the Child Care Licensing Unit shall evaluate the risk to children and determine the suitability of the persons to supervise, be left alone with children or remain in the home during hours of care until the allegations have been determined true or unsubstantiated.
- 5. The Registered Child Care Family Home operator, any employees or other persons in the home who have had a true report of child maltreatment shall follow the corrective action plan approved by the child Care Licensing Unit. Corrective action measures may vary from relevant training to reassignment or termination. Failure to comply with corrective action plans can constitute grounds for adverse action against the registration.

#### 106 Criminal Record Checks

1. The following persons shall be required to have their background reviewed through Criminal Records check conducted by the Arkansas State Police:

a. Each applicant

at application and every 5 years thereafter

b. All household members who are 18 years of age or older

at application; upon residency and every 5 years thereafter

c. Employees and applicants for employment in a registered home

within 10 days of hire and every 5 years thereafter

d. Volunteers who have supervisory/ disciplinary control over children.

within 10 days and every 5 years thereafter

- 2. No person shall be eligible to be a child care facility owner, operator, employee, or be present when children are in care, if that person has pleaded guilty, or been found guilty, of any of the following offenses:
  - 1. Capital murder;
  - 2. 1st/2nd degree murder;
  - 3. Manslaughter;
  - 4. 1st/2nd degree battery;
  - 5. Aggravated assault;
  - 6. 1st degree terroristic threatening;
  - 7. Kidnapping;
  - 8. 1st degree false imprisonment;
  - 9. Permanent detention or restraint;
  - 10 1st/2nd degree rape or carnal abuse;
  - 11. 1st/2nd degree sexual abuse;
  - 12. 1st/2nd degree violation of a minor;
  - 13. Incest:
  - 14. 1st degree endangering of a minor;
  - 15. Permitting child abuse;
  - 16. Engaging children in sexually explicit conduct for use in a visual or print medium, transportation of minors for prohibited sexual conduct, use of a child or consent to use a child in sexual performance, by producing, directing or promoting sexual performance by a child;
  - 17. Criminal attempt, criminal solicitation or criminal conspiracy to commit any of the above named offenses.
  - 18. Distribution to minors [of any controlled substance]
  - 19. Manufacture, delivery, or possession with intent to deliver, or manufacture any controlled substance
  - 20. Carnal abuse in the third degree
  - 21. Sexual solicitation of a child
  - 22. Pandering or possessing visual or print medium depicting sexually explicit conduct involving a child
  - 23. Negligent homicide
  - 24. Assault in the first degree
  - 25. Coercion
  - 26. Sexual misconduct

- 27. Public sexual indecency
- 28. Indecent exposure
- 29. Endangering the welfare of a minor in the second degree
- 30. Any felony or misdemeanor involving violence or sexual misconduct
- 3. Any person who has pled guilty, nolo contendere, or who has been found guilty of any one of the offenses listed above may apply to the Division to demonstrate rehabilitation, if more than five (5) years have passed since the person was convicted and they\_have completed their sentence\_ (confinement, parole, or probation). The Division is authorized to determine whether rehabilitation is sufficient for the person to be a child care owner, operator, or employee.

# **200 ADMINISTRATION**

- 1. Parents shall be informed in writing upon enrollment of their child that children may be subject to interviews by licensing staff, child maltreatment investigators and/or law enforcement officials for the purpose of determining licensing compliance or for investigative purposes. (Child interviews do not require parental notice or consent.)
- 2. Required records shall be kept and made available to the Child Care Licensing Unit on request.
- 3. Falsification of any document or the submission of false information to the Child Care Licensing Unit, or any other unit of the Division, may constitute grounds for revocation of the registration. (Falsification means the submission of untrue information, whether by statement or omission.)
- 4. All applicable health and fire regulations shall be met. (Refer to Section 600.1 & 2.)
- 5. The registered home shall not care for more than 5 children at any time including their own pre-school children.
- 6. The caregiver shall provide prudent supervision of other persons in the Registered Home, and is responsible for the health, welfare, and safety of the children in care.
- 7. The caregiver shall provide a copy of the list of Kindergarten Readiness skills, prepared by the Arkansas Department of Education, to parents of each child all three and four year old children enrolled. (Act 825 of 2003) A statement, signed by the parent that they have received a copy of the list, shall be maintained in the child's record.

# 300 PERSONNEL

# 301 Caregiver Qualifications and Responsibilities

1. The registered home primary caregiver shall be **18** years or older.

- 2. The caregiver shall be able to read and write well enough to keep required records.
- 3. The caregiver shall not be otherwise employed during the time he/she is responsible for children in the home. Employment at other times shall not affect the quality of care given the children.
- 4. The caregiver shall not use profanity or speak in an abusive manner when children are present. The caregiver shall also cooperate with licensing staff during registration monitor visits.
- 5. The caregiver shall have a person who would be able to care for the children in the event of an emergency.
- 6. <u>Newly registered home providers shall attend Family Child Care Orientation Training</u> within the first six months of being registered.
- 7. The registrant shall notify the Licensing Unit within five (5) calendar days of any change in the person(s) designated as secondary caregivers.
- 8. The caregiver shall obtain at least 10 hours of training each year in continuing early childhood education, which is approved by the Division (Act 584 of 1993).

Topics appropriate for continuing early childhood education shall include, but are not limited to the following:

- a. Child growth and development
- b. Nutrition and food service
- c. Parent communication and involvement
- d. Curriculum and curriculum development
- e. Developmentally appropriate practice and learning environments
- f. Behavior management
- g. Emergency care and first aid
- h. Administration and management of early childhood programs.
- 9. The caregiver must be trained in infant /child cardiopulmonary resuscitation (CPR). Adult CPR is required only if school-age children are in care. Certification shall be current.
- 10. The caregiver shall provide a tuberculin test annually. The caregiver shall be physically and emotionally able to care for children.
- 11. Child Care Licensing may require a physician's statement for the caregiver anytime behavioral or physical indicators warrant.
- 12. The caregiver shall not engage in behavior that could be viewed as sexual or as dangerous, exploitative or physically harmful to children.

- 13. The caregiver shall not consume or be under the influence of illegal drugs. The caregiver shall not consume or be under the influence of alcohol while delivering care. The caregiver shall not consume or be under the influence of medications (prescription or non-prescription), which impair his/her ability to provide care.
- 14. At no time shall children be left unsupervised.
- 15. Additional staff provisions shall be made for enrollment of children with disabilities who require individual attention.

# **302** Adults in the Registered Home

- 1. The caregiver(s) shall provide a clear statement regarding the presence of any other adults 18 years of age and above who reside in the home. Any adult, residents or visitors shall not present a threat to the safety or welfare of children.
- 2. A Registered Home shall have additional staff when there are persons in the home who require constant or routine care.
- 3. Any adult(s) in addition to the caregiver(s) present in the home on a regular basis, when children are in care, shall provide an annual tuberculin test verifying that the adult is free from TB.
- **302.2** The caregiver shall be responsible for children in care at all times and shall exercise prudent supervision.
- 1. When a caregiver is not in the same room with children the children shall be frequently observed and the caregiver shall remain close enough to easily hear them.
- 2. Doors to rooms where children are sleeping or playing within the home shall remain open and sleeping children shall be visually monitored and periodically checked to insure they are breathing normally.
- 3. The caregiver shall be present on the outdoor play area at all times when any children under age five are present. Children ages five (5) and up may use the outdoor play area without the caregiver being present as long as the caregiver visually observes the children at least every five minutes and remains in a section of the home where she (he) can hear and see the children and can reach them quickly in case of an emergency.
- 4. The caregiver shall not leave children unattended in the kitchen area of the home while any cooking is occurring. Ironing shall not occur in the presence of the children.

#### 400 PROGRAM AND ACTIVITIES

# 401 Program

- 1. There shall be a daily schedule, which includes age-appropriate activities.
- 2. There shall be an opportunity for a supervised rest period, which shall not be scheduled to exceed two (2) hours.
- 3. There shall be a minimum of 1 hour per day of outside play unless prevented by weather.
- 4. Indoor activity equipment shall be adequate for the number and ages of children in the Registered Home to meet their physical and developmental needs.
- 5. Children shall have a variety of toys, books, and creative materials. This includes equipment for:
  - a. Large muscle activities (such as climbing and running)
  - b. Manipulative activities (things done with the hands)

# 401.10 Infants and Toddlers: Additional Program Requirements

- 1. Infants shall be carefully supervised at all times.
- 2. Stimulation shall be given to infants in a variety of ways.
- 3. Infants shall be taken outside for a period of time every day, unless prevented by weather or special medical reasons.
- 4. If a child falls asleep while in a walker, swing, high chair, etc., that child shall be placed in appropriate sleep equipment.
- 5. Infants and toddlers shall have clean, safe, washable toys. Toys or materials used by younger children shall not be small enough to be swallowed.

# 401.20 School Age Children: Additional Program Requirements

- 1. The school age child shall be provided with a choice of indoor and outdoor activities.
- 2. A quiet time and a private place with appropriate equipment shall be provided for oneperson activities, including resting or homework. A supervised rest period does not apply to school-age children.
- 3. Permission of parents shall be on file for school age children to leave the Home.
  - a. School age children who leave the Registered Home to participate in classes, clubs, or other activities shall have written permission from the parents naming the activity, time of leaving and returning and method of transportation to the activity.

b. Permission for regular activities such as scouting may be given for the entire school term.

# 401.30 Evening and Night Care: Additional Program Requirements

Night care is any care provided after midnight.

- 1. The caregiver shall remain awake <u>at all times children are in care. Alternative</u>

  <u>compliance may be requested to allow the caregiver to sleep after the children are in bed</u>

  <u>for the night. For this request to be approval, consideration would be given to the</u>

  <u>overall level of licensing compliance, the use of motion detectors and/or other alarms to</u>

  <u>alert the caregiver if children leave the sleeping area, the ages and number and sex of</u>

  <u>the children in overnight care and written notification to parents that the caregiver will be</u>

  <u>sleeping during overnight care.</u>
- 2. There shall be a plan for evacuating children to safety in case of fire or emergency.
- 3. Children arriving in the daylight hours shall have outdoor play, weather permitting. Older children shall have time for reading or doing homework during the school year.
- 4. Evening meals shall be served. The home shall ensure that children spending the night are served breakfast.
- 5. Drinking water shall be available to children during the night.
- 6. Bathing facilities shall be available. Hot water shall be available. Children shall not take baths together or share the same bath water. Tubs or showers shall be cleaned after each use. Children shall be given fresh washcloths and towels. Preschool children shall never be left alone when bathing. Privacy shall be ensured for school age children.
- 7. Children in night care shall be given a bed or cot with mattress or pad and a pillow.
  - a. If linens become soiled, they shall be changed. Protective mattress covers shall be used and washed at least weekly.
  - b. Each child's bed or cot shall have a cover available.
  - c. Beds or cots shall be arranged at least one foot apart.
- 8. The caregiver shall remain awake until every child has gone to sleep.
- 9. Homes with only one caregiver shall limit care to no more than two shifts (18 hours) per 24 hour period. Homes offering 24 hour care shall provide a schedule verifying that they have made provisions for a secondary caregiver to provide relief for one shift.

  (Alternative compliance may be requested by caregivers who provide 24 hour care and who do not have a secondary caregiver. For this request to be approved, consideration will be given to the overall level of compliance with licensing requirements and to the numbers and ages of children in care during the third shift.

# 500 BEHAVIOR GUIDANCE

- 1. Use of behavior guidance shall show that the caregiver understands each child's needs and shall promote self-discipline and good behavior.
- 2. Acceptable behavior guidance techniques include:
  - a. Look for appropriate behavior and reinforce the children with praise and encouragement when they are behaving well.
  - b. Remind the children on a daily basis of the rules by using clear positive statements of how they are expected to behave rather than what they are not supposed to do.
  - c. Attempt to ignore minor inappropriate behaviors and concentrate on what the child is doing properly.
  - d. Use brief supervised separation from the group only when the child does not respond to a verbal command which instructs the child as to how he or she is supposed to behave.
  - e. When a misbehaving child begins to behave appropriately, encourage and praise small positive steps rather than waiting until the child has behaved for a long period of time.
  - f. Attend to the children who are behaving appropriately and other children will follow their example in order to obtain your attention.
- 3. Physical punishment shall not be administered to children.
- 4. The length of time a child is placed in time-out shall not exceed one minute per year of child's age.
- 5. The following activities are unacceptable as behavior guidance measures and shall not be used; these include but are not limited to:
  - a. Shaming, humiliating, frightening, physically or mentally harming children
  - b. Labeling children negatively
  - c. Associating punishment with rest, toilet training or illness
  - d. Denying food (lunch or snacks) as punishment or punishing children for not eating.
  - e. Restraints (Restraining a child briefly, by holding the child, is allowed when the child's actions place the child and/or others at risk of injury).
  - f. Harsh treatment
  - g. Washing mouth with soap
  - h. Taping or obstructing child's mouth
  - i. Placing unpleasant or painful tasting substances in mouth, on lips, etc.
  - j. Verbal abuse/abusive language
  - k. Isolation without supervision
  - 1. Placing child in dark areas
  - m. Inflicting physical pain, hitting, slapping, pinching, pulling hair, kicking, twisting arm, biting or biting back, spatting, swatting, etc.

- n. Yelling (this does not include a raised voice level to protect a child from the risk of harm).
- o. Forced physical activity such as running laps, doing push-ups, etc. (this does not include planned physical education activities that are not punitive in nature).
- 6. Behavior charts, if used, should be used to encourage positive behavior. Behavior charts shall record only the child's behavior for the current day and shall not be punitive. (Behavior charts used to record only positive behavior may be maintained on a weekly basis.) The child's age and level of understanding should be considered when using behavior charts

#### 500.10 Infant and Toddler

Time out shall not be used with children under the age of two (2). The only acceptable form of behavior guidance with infants and toddlers shall be redirection. (Brief separation from the group is acceptable when the child's behavior places the child or others at risk of harm. The child may be placed in a supervised area away from the group or in a crib or playpen while the caregiver attends to the situation. EXAMPLE: A child who has bitten another child would be removed from the group, briefly, while the caregiver attends to the bitten child.)

#### 600 RECORDS

- 1. All employee, child and home records shall be kept and made available to the Child Care Licensing Unit on request. All required records shall be maintained for 3 years. (This includes records on children no longer enrolled.)
- 2. Licensing/registration compliance forms (DCC-521) shall be maintained at the home for 3 years. The caregiver shall advise parents in writing that the compliance forms are available for review upon request.

#### 601 Children's Records

Enrollment information shall be obtained for each child before admission. (Sample enrollment forms may be obtained from your Licensing Specialist.)

# 1. Identifying and Personal Data shall include:

- a. Child's name, birth date, home address, and telephone number.
- b. Name and addresses of the parents and telephone numbers where the parents can be reached while the child is in care.
- c. Date of enrollment in facility.
- d. Name, address and phone number of person to be contacted if parents cannot be reached.
- e. The caregiver shall provide a written discipline policy to parents, with a copy signed by the parents and retained by the caregiver.

#### 2. Medical Records shall include:

- a. The name, address and telephone number of the child's physician or emergency medical care facility.
- b. Pertinent past medical history on the child and any change in health
- c. Child's unusual food needs such as special formulas, diabetic diet, or food allergies.
- d. Notes of special problems (such as allergies to medication or sunburn sensitivity) or needs as indicated by the parents.
- e. An authorized record of up-to-date immunizations or documentation of a religious or medical exemption from the Arkansas Department of Health. The caregiver shall maintain a roster of children who have not completed the minimum immunization requirements (a current immunization schedule is provided as an insert in this publication).
- f. Written record of accidents/injuries.

# 3. Permissions and Agreements will be signed by the parents and caregiver(s):

- a. Consent for emergency medical care and transportation for such care which shall accompany children who are transported to and from the home.
- b. Other transportation permission, if any, including routine and special field trips.
- c. Permission to participate in water activities, if any.
- d. Signed statement by the parent stating who is authorized to pick up the child.

# 602 Caregiver Records

- 1. Caregiver records shall contain the following:
  - a. TB skin test
  - b. Documentation of training for continuing education
  - c. Documentation of the initiation of all required background checks and results obtained

#### 603 Home Records

- 1. Fire Department approval, if required by local fire department, state fire code or requested by the Child Care Licensing Unit due to possible hazards.
- 2. Arkansas State Department of Health approval, if applicable
- 3. Record of routine emergency drills, including date, time of day, length of drill and number of children participating
- 4. Pet vaccinations
- 5. Attendance records on all children.

# 700 FOOD SERVICE AND NUTRITION

#### 701 Food Service

- 1. The registered home shall meet the following:
  - a. All food shall be safe and stored properly to prevent spoiling.
  - b. There shall be a thermometer in the refrigerator that is visible and maintained at 40 degrees or below. Freezer thermometers shall be maintained at 0 degrees or below. All freezers shall be inaccessible to children.
  - c. Food shall not be stored under sinks.
  - d. Food shall be stored in original container or in a closed container.
  - e. Chemicals and toxins shall not be stored in food storage area.
  - f. All medicines shall be stored separately from food at all times.
- 2. All food and drink shall be prepared, distributed and served under sanitary conditions and the following shall be met:
  - a. Caregivers shall wash hands before preparing food.
  - b. There shall be a sink with hot and cold running water.
  - c. Individual drinking glasses or disposable cups shall be provided.
  - d. All counter tops and other food preparation surfaces shall be kept clear of clutter and in a sanitary condition.
  - e. Food left uncovered or handled shall not be reused.
  - f. When dishes are washed by hand, they shall be sanitized with a bleach solution.
  - g. Drinking water and water used for the preparation of formula shall not come from the hot water supply. (Water from hot water systems may contain higher levels of lead and other substances that could be harmful to small children.)

# 702 Nutrition

- 1. Breakfast, if served, lunch and evening meals shall each meet current U.S. Department of Agriculture guidelines, including portion size. (See Appendix A and B). If sack lunches are utilized, the home shall ensure that these also meet U.S. Department of Agriculture guidelines by supplementing the lunches if necessary. Milk shall be served to each child during the day. Exceptions may be made for children who suffer allergies to milk.
- 2. Breakfast shall be made available to children who arrive before 7:00 a.m. Breakfast may be served to all children rather than a morning snack, provided there is no more than 3 hours between breakfast and lunch.
- 3. Midmorning and mid-afternoon snacks shall be provided to all children and shall meet current U.S. Department of Agriculture guidelines.
- 4. All children in care during evening hours shall be offered an evening snack. Children in care during evening hours shall be served supper and children spending the night shall be served breakfast (unless provided by parent or school).
- 5. Children shall not be forced to eat.

#### 702.10 Infant and Toddlers

- 1. The routine\_use of baby food, bottles and formula shall be agreed upon by the caregiver and parent (See Appendix B). Instructions regarding special needs for food, bottles and formula, such as food allergies, shall be obtained in writing from the parent and followed by the caregiver.
- 2. Feedings for all children up to twelve (12) months of age shall be documented by the caregiver and available for review by the parent. This documentation shall continue for all children older than twelve (12) months of age who are still being given bottles.
- 3. Children shall not share the same bottle. A sanitary method of cleaning baby bottles shall be practiced. Baby bottles shall be properly refrigerated.
- 4. Infant feeding schedules shall be flexible and adapted to each infant's needs.
- 5. The solid foods fed to an infant shall be determined by the child's parent (s).
- 6. Infants under six months of age shall be held while being fed. Bottles shall not be propped. Infants six months of age or older shall be held if needed.
- 7. Infants no longer held for feeding shall either sit in low chairs at low tables or in infant seats with trays, or in high chairs with wide bases and safety straps shall be used.

# 800 BUILDINGS AND GROUNDS

### **801 BUILDINGS**

- 1. The Registered Family Home's building, grounds, and equipment shall be clean, kept in good repair, and maintained as needed to protect the health and safety of the children. If the home has sustained structural damage the caregiver shall immediately notify the Child Care Licensing Specialist.
- 2. The Registered Family Home shall have a working telephone.
- 3. Light, heating, cooling, and ventilation of the home shall be adequate for safety and comfort.
- 4. Windows and/or doors used for ventilation shall be screened.
- 5. Manufactured homes, registered as Child Care Family Home, shall be tied down and

under-pinned as required by the Arkansas Manufactured Home Commission. The Registered Child Care Family Home shall obtain an inspection and approval from the Arkansas Manufactured Home Commission prior to registration.

6. An annual fire approval shall be obtained on all manufactured homes that are registered.

# 802 GROUNDS

Recommendation: To provide the safest possible playground environment, you are encouraged to meet Consumer Product Safety Commission's guidelines listed in the "Handbook for Public Playground Safety".

- 1. The playground shall be fenced or enclosed, if necessary (if close to ponds, traffic, or other hazards).
- 2. Children shall be supervised at all times when out doors by someone at least 18 years of age.
- 3. The play area shall be maintained in good order and free of potentially hazardous items.
- 4. Playground equipment shall be securely anchored.

#### 900 SLEEPING AND TOILETING ARRANGEMENTS

# 901 Sleeping Arrangements

- 1. Each child under twelve (12) months of age shall have a separate well-constructed baby bed or play pen with a waterproof mattress or pad which shall be clean, dry, and in good condition. Sheets and covers are required and shall be kept clean and dry. Bassinets shall not be used.
- 2. Waterbeds shall not be used for sleeping children under the age of two (2) years.
- 3. The following guidelines shall also be required for cribs:
  - a. Cribs that have end panels with decorative cutout areas shall not be used.
  - b. Mattresses shall fit snugly in the crib. The space between crib and mattress shall measure no more than 1 inch.
  - c. Corner posts shall be the same height as end panels.
  - d. End panels shall extend below mattress at the lowest position of the mattress.
  - e. Baby beds shall have slats no greater than 2 3/8" apart.
- Each child twelve (12) months of age or older shall have a cot, bed, pallet, or mat which shall be placed at least one foot apart. Sheets and covers are required. Bedding shall be of washable material and shall be kept clean. If mats or pallets are used on floors, floors shall be clean, warm, dry and draft free. Any mat or pallet less than two (2) inches thick

shall be placed on carpet.

- 5. Doors in rooms where children are sleeping shall remain open.
- 6. Children shall not nap on waterbeds, beanbags, or thick rugs.
- 7. Playpens or cribs shall not be placed near dangling cords.

Recommendation: Care should be taken to insure that loose bedding materials such as pillows, blankets, etc., are kept away from the faces of sleeping infants. Infants should be placed on their backs to sleep unless there is a medical reason not to do so. These precautions are intended to lessen the risk of suffocation and Sudden Infant Death Syndrome.

# **902** Toileting Arrangements

- 1. At least one commode and one sink shall be made available for the children's use. Potty chairs may be used by the younger children if emptied, cleaned and disinfected after each use. Potty chairs shall be located in the bathroom only.
- 2, Toilet tissue shall be located within reach of the children when toileting.
- 3. Individual cloth towels or paper towels shall be available for each child.
- 4. Caregiver's and children's hands shall be washed with liquid soap before meals, after toileting, after each diaper change, and as needed.
- 5. The registered family home shall use a diaper-changing surface that is sanitized after each—use.
- 6. Soiled or wet diapers shall be removed, disposed of properly, and replaced with clean, dry diapers. The caregiver shall insure that children are properly cleaned and dried.

#### 903 Toilet Learning

- 1. The caregiver shall assist children in toilet routine and hygiene practices
- 2. The following methods shall not be used in toilet learning:
  - a. Placing the child on toilet or potty chair for prolonged time periods
  - b. Using harsh language
  - c. Punishing or berating in any way for soiling clothing
  - d. Using physical force to place child on a toilet or potty chair against their will
  - e. Leaving child unsupervised on toilet

#### 1000 HEALTH

#### 1001 General

- 1. The Registered Home shall have an adequate supply of water that meets the standards for drinking water of the Arkansas Health Department. Bottled water is also acceptable. Water shall always be available to the children.
- 2. Garbage shall be kept in a closed container out of children's reach.
- 3. All garbage, soiled diapers and trash shall be removed from the home daily and from the grounds at least once a week.
- 4. The home shall be free of insects and rodents.
- 5. Waste and sewage disposal and toilet facilities shall be safe and sanitary. The Health Department may be consulted for its recommendation.
- 6. Smoking should be limited to hours when children are not in care. The registered home shall disclose to parents whether smoking occurs in areas where children are in care.
- 7. First-aid materials are required and shall be kept out of reach of children. A first aid kit containing medications shall be locked. The first-aid materials shall include:
  - a. Adhesive band-aids (various sizes)
  - b. Scissors
  - c. Sterile gauze squares
  - d. Roll of gauze bandages
  - e. Adhesive tape
  - f. Antiseptic
  - g. Thermometer
  - h. Tweezers
  - i. Disposable gloves
- 8. There shall be no adult in the home who poses a health risk to children in care.

# 1002 Children's Health

- 1. No child shall be admitted who has a contagious or infectious disease. Parents and guardians shall be notified to pick up the child if the child exhibits any of the symptoms listed below:
  - a. <u>Fever</u>: A body temperature of 101 or greater. (Recommendation: Infants, six months of age or under, who have a temperature of 100 or greater, should be excluded from care.)
  - b. Diarrhea: three (3) or more watery stools in a 24-hour period
  - c. <u>Vomiting</u>: Vomiting on two or more occasions within the past 24-hour period

- d. <u>Rash</u>: Body rashes, not obviously associated with diapering, heat or allergic reactions to medications
- e. <u>Sore Throat</u>: if associated with fever or swollen glands in the neck
- f. <u>Severe Coughing</u>: episodes of coughing which may lead to repeated gagging, vomiting or difficulty breathing
- g. <u>Pink Eye:</u> pink or red eye(s), which may be swollen with white or yellow discharge; until on antibiotics for 24 hours.
- h. <u>Untreated Scabies, Head Lice or the presence of nits:</u> (Note: may return after first treatment and removal of nits)
- i. <u>Multiple sores inside mouth with drooling:</u> unless health care provider determines the condition is non-infectious
- j. <u>Ring worm:</u> of the scalp or skin, may return after evaluation and under treatment by a health care provider
- k. <u>Impetigo:</u> May return 24 hours after treatment is initiated
- 2. Illness in the Registered Home shall be handled to protect all children in care.
- 3. In case of critical illness or injury, and if the parents cannot be reached, the physician named by the parent shall be called. If necessary, the child shall be taken to the nearest emergency room. Injuries that require the attention of medical personnel shall be reported to the parent immediately.
- 4. In case of critical illness or serious injury that requires the attention of medical personnel, the Child Care Licensing Specialist shall be notified within one business day.
- 5. The caregiver shall notify the child's parents of significant events that affect the children. This shall include, but not be limited to:
  - a. Cases of serious contagious disease shall be reported to the parents of all the children in care
  - b. Any injury incurred by a child
- 6. The communicable diseases listed in Appendix C, whether suspected in a child or adult, shall be reported within 24 hours to either the local County Health Unit or the toll free Reporting System (800-482-8888). Immediate notification is recommended for the following:
  - a. Hepatitis
  - b. Rash illness (including \*MEASLES & RUBELLA)
  - c. WHOOPING COUGH (Pertussis)
  - d. MENINGITIS
  - e MUMPS
  - f. Tuberculosis
  - g. Salmonellas (including typhoid)
  - h. E-Coli

- 7. Reporting data shall include:
  - a. The reporter's name, location and phone number
  - b. The name of the disease reported and the onset date
  - c. The patient's name, address, phone number, age, sex, and race (Please spell the patient's name)
  - d. The attending physician's name, location and phone number
  - e. Any pertinent clinical and laboratory information used in the diagnosis (Please give the laboratory name)
  - f. Any treatment information, if known
- 8. Within 15 days of enrollment of a child, the Registered Home provider shall verify that the child has been immunized as required by Arkansas Department of Health or the child cannot remain in care. (Arkansas Code 20-78-206 as amended by Act 870 of 1997-- a current immunization schedule is provided as an insert in this publication).
- 9. Children shall be protected from overexposure to the sun. Sunscreen shall be used if needed and as directed by the parent. Suntan lotions and/or sunscreens used for infant/toddlers and pre-school children shall be kept out of the children's reach and shall be administered only with written parental permission. (A blanket permission may be obtained annually.)

#### 1003 Medications

- 1. Prescription medicine shall be in the original container and labeled with the child's name, a recent date, instructions, and the physician's name.
- 2. All non-prescription medicine (except aspirin substitutes, such as ibuprofen and acetaminophen) shall be labeled with the child's name and dated.
- 3. All medicines shall be given to a child only with the written permission of the child's parent(s) or guardian.
- 4. Medicines shall be kept in a locked area. Medicine shall be kept out of the reach of the children when dispensing.
- 5. Medication shall be disposed of when a child withdraws from care or when the medication is out of date.

#### 1004 Phone Numbers Required:

The following numbers shall be available in the immediate area of the telephone.

- 1. Ambulance service or emergency medical services
- 2. Police or sheriff's department

- 3. Fire department
- 4. Poison Control Center 1-800-376-4766
- 5. Child Abuse Hotline Number 1-800-482-5964
- 6. The physicians named by the parents
- 7. The Child Care Licensing Unit Central Office number: (501) 682-8590 or toll free 1-800-445-3316
- 8. Home and business numbers of the parents

#### 1005 Pets

Pets with which children have contact shall receive vaccinations as required by law. Verification of vaccinations administered by a licensed veterinarian shall be maintained. Any pet that constitutes a threat to the welfare and safety of the children shall be kept in a confined area, which prevents any contact with the children.

# 1100 FIRE AND SAFETY

#### 1101 Safety

- 1. Registered homes shall maintain a log of all child product recall and safety notices issued by the Attorney General's Office and shall post or otherwise make these notices available for parents to review. The holder of the registration shall certify, on an annual basis that these notices have been maintained, reviewed and that any identified items have been removed from the home. Forms for self-certification will be provided by the Licensing Specialist and shall be submitted annually. (Act 1313 of 2001)
- 2. Electrical outlets shall be guarded. Protective caps, if used, shall be large enough to prevent swallowing.
- 3. Indoor or outdoor cooling or heating units shall have guards or barriers when necessary. All outdoor electrical boxes, gas lines, and exposed electrical cords shall be enclosed.
- 4. Stairways shall be well lighted and guarded as needed.
- 5. Dangerous equipment and/or objects shall be stored away from areas used by the children.
- 6. All detergents and cleaning supplies shall be kept out of the reach of children. (This does

not include hand soap in children's or staff bathrooms.) Supplies used for children's activities shall be carefully supervised.

- 7. All poisonous substances shall be kept in a locked area.
- 8. Guns shall be unloaded. Guns, other weapons, and ammunition shall be stored in a locked area in the home.
- 9. Tanks, ponds, swimming pools, open wells, drainage ditches and sewage drainpipes shall be fenced if located within the play area.
- 10. Home swimming pools shall not be used by children in care unless permission is obtained from child Care Licensing through an alternative compliance request. This request must include written approval from the Arkansas Department of Health for the use of the pool by children in care. (Home swimming pools used by children in care are considered semi-private pools by the Department of Health and approval for these pools requires inspection during the construction phase. Obtaining approval for existing pools is usually not possible.)
- 11. Wading pools shall not be used by children under two years of age. Water sprinklers are acceptable.
- 12. Alcoholic beverages shall be kept out of reach of children.

#### 1102 Fire

Please note that National Fire Safety Code 101 does not allow the use of basements or floors above ground level by children, first grade and younger, unless there is a ground level exit. Waivers or exceptions to this code must be obtained in writing from the State Fire Marshal's Office prior to using these spaces.

- 1. The caregiver shall have a written policy and procedure for fire and tornado drills. All caregivers shall know all emergency plans. Any specific information on area hazards and approved safety procedures, (e.g., Earthquake drills, Nuclear Plant accident evacuation, Toxic Chemical Spill evacuation, etc.) should be obtained from the State Office of Emergency Services.
- 2. One fire drill **AND** one tornado drill shall be conducted on a monthly basis and documented, noting the date, time of day, number of children, and length of time taken to reach safety.
- 3. A Fire extinguisher with a minimum of 5 lb. ABC rating shall be installed in the kitchen area of the home and shall be properly maintained. Caregivers shall know how to operate the extinguisher.
- 4. A working smoke detector shall be installed near the kitchen area and in children's

- sleeping areas.
- 5. The home shall be maintained to be free from fire hazards at all times. The Child Care Licensing Specialist shall consult with the local Fire Department OR the State Fire Marshal when it appears hazards exist.
- 6. The structure and use of the home shall permit easy entry and exit and shall comply with the following:
  - a. A Registered Home with more than one level shall have second exits on all levels used by children.
  - b. A Registered Home shall have at least two exits to the outside located on different sides of the home.
  - c Doors opening to the outdoors shall be constructed so the children can open them easily from the inside.
  - d. Doors between rooms in the exit route shall not be locked while children are in the home.
  - e. Doors and pathways shall be clear of equipment that blocks the movement of children and caregiver(s).
- 7. Wood-burning stoves, or gas logs, fireplaces, open flame space heaters, hot water heaters, floor furnaces or other sources of heat shall be guarded and/or vented when necessary for the protection of the children.
- 8. Cooking stoves or ovens shall not be used as a heating source in the home.
- 9. Portable heaters shall not be placed within reach of children and shall be approved UL listed products.
- 10. The providers shall notify the Child Care Licensing Specialist of any fires causing damage to the home. This notification shall be made no later than the end of the following working day.

# 1103 Transportation

- 1. Any person transporting children shall be at least 18 years of age and have a valid driver's license as required by state law.
- 2. The vehicle shall be licensed, insured and maintained in proper working condition.
- 3. Any child transported in a passenger automobile, van or pick-up truck, who is less than 6 years old and weighs less than 60 pounds, shall be restrained in a child passenger safety seat. Any child who is at least 6 years old, or weighs at least 60 pounds, must be restrained by a safety belt or any other approved safety devices. {Act 470 of 2001}.

- 3. Loading and unloading of children from vehicles shall be conducted in a safe manner.
- 5. There shall be seating space and an individual, appropriate restraint system provided for each child being transported
- 6. Rosters listing the date, names an ages of all children being transported as well as the name of the driver and any other staff member on the vehicle shall be maintained. These rosters shall be used to check children on and off vehicles when they are picked up and dropped off at home, school, etc. and when they arrive at and leave the registered home. Transportation rosters shall be kept by the facility and available for review for three one year.
- 7. To insure that no children are left on the vehicle, the driver <u>or a staff member</u> must walk through the vehicle and physically check each seat before leaving the vehicle. The transportation roster must be signed by the driver, <u>or staff who conducted the walk</u> <u>through inspection</u>, documenting that all children have exited the vehicle.
- 8. To insure that children have safely arrived in the appropriate classroom, the transportation roster shall be reviewed by the Director or designee and compared with classroom attendance records. The Director or designee shall sign off on the transportation roster to verify that all children have safely transitioned from the vehicle to the classroom.

#### 1103.10 Infants and Toddlers

1. A vehicle transporting children under the age of 36 months shall maintain a ratio of one adult to 3 children.

# **APPENDIX C:** List of Reportable Diseases

The following are the more common <u>reportable</u> diseases, which occur with moderate frequency in Arkansas:

gonorrhea	salmonellosis (including typhoid)
hepatitis (A,B, Non-A, Non-B	shigellosis
unspecified and results of serologies)	syphilis
rash illnesses (including *MEASLES,	MUMPS
& RUBELLA)	tuberculosis
*WHOOPING COUGH (pertussis)	MENINGITIS

The following are less common reportable diseases that occur with low frequency in Arkansas:

*AIDS (Acquired Immune Deficiency	*Leprosy
Syndrome)	*Leptospirosis
Amebiasis	*Lyme Disease
ANTHRAX	Lymphogranuloma Venereum
*Aseptic Meningitis	*Malaria
Blastomycosis	*Meningitis, <u>Hemophilus</u> Influenza Type B
BOTULISM	
*Brucellosis	*Meningococcal infection
Campylobacter Enteritis	Mumps
Chancroid	Pesticide Poisoning
CHOLERA	PLAGUE
Coccidioidomycosis	*POLIOMYELITIS
*Congenital Rubella Syndrome	*Psittacosis (Ornithosis)
DIPHTHERIA	Q Fever
Encephalitis (all types)	RABIES
FOOD POISONINGS (all types)	*Relapsing Fever

Giardiasis

\*Reyes Syndrome

Gonococcal Ophthalmia Rheumatic Fever

Granuloma Inguinale \*Rocky Mountain Spotted Fever

\*Guillain-Barre Syndrome SMALL POX Histoplasmosis \*Tetanus

HIV (Human Immune Deficiency \*Toxic Shock Syndrome

Virus by name & address)

\*\*Influenza

\*Kawasaki Disease

Toxoplasmosis

\*Trichinosis

\*Tularemia

\*Legionellosis TYPHUS FEVER/YELLOW FEVER

\* The reporting physician will be contacted for additional information.

\*\* Individual cases to be reported <u>only</u> when laboratory testing has determined the viral type.

# The diseases in capitol letters are to be brought to the immediate attention of the State Epidemiologist when suspected.

Reporting data shall include:

- a) Names & location of reporting person
- b) Disease or suspected disease and date of onset
- c) Name, age, sex, address and phone number of patient (please spell patient's name)
- d) Name of patient's physician

The following diseases are also of public health importance and should be reported whenever there is an unusual incidence or outbreak (including seasonal). It is necessary to report: (1) physician's name and location

(2) the suspected disease (3) the number of cases and interval during which the cases were seen:

Acute respiratory disease Hospital acquired infections Chicken pox Infectious Mononucleosis Conjunctivitis Influenza (estimate number)

Dermatophytosis (ringworm) Pediculosis Enteropathogenic E. Coli Diarrhea Pleurodynia

Epidemic Diarrhea of unknown cause Pneumonia (bacterial, Mycoplasma, viral)

Gastroenteritis Staphylococcal-Infections Herpangina Streptococcal Infections

The following occupational disease also shall be reported:

Asbestosis Mesothelioma

Silicosis Coal Workers Pneumoconiosis

Byssinosis

#### FOR FURTHER ASSISTANCE CONTACT THE LOCAL COUNTY HEALTH UNIT.